

# **There Is No Time Left for Dawdling by Holding on to Illusory Thoughts!**

With ACIM

(Part 2)

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## **There Is No Time Left for Dawdling by Holding on to Illusory Thoughts!**

With ACIM (Part 2)

### **Give Up The Struggle of Trying to Be Perfect and Realize You Already Are!**

All of your striving and all of your suffering and all of your doubt has been a dream. And from the moment you chose to sleep, the Bridge that the Father has created for us - called the Holy Spirit - has looked upon the world of your dream but has never bought into it, but has learned to speak your language out of compassion and Love to serve as a *Bridge* that brings you from dreams to wakefulness. (JT-E)

That is why I have said: enlightenment or salvation is no more difficult than opening your eyes and seeing not through the prisms of the perceptions of your mind, but with the unconditional Love that resides in its fullness and has never been changed, who resides in its fullness in your own Heart. You are the Son of God. Let yourself be able to know it. It will feel like a miracle at first, perhaps as a gift not rightly earned. But what could the meaning of Grace be, save that you do not have to earn it? The gift of Grace cannot be earned. There is not one thing you can do in all of your techniques to earn the right to your Father's Grace. So relax. *Give up the struggle of trying to be perfect and realize you already are.* It is Love that heals, and Love brings about a deep sense of perfect relaxation. You will actually be able to walk down your street and not have your mind spinning in whirlwinds. Know you that feeling? So much so, that you get across town and you don't even know how you got there. Your mind has been on your relationship, on your career, on your childhood, on the problems of the world, spinning, spinning, spinning.

It is possible to walk in your world when nothing arises in the mind save that which serves the extension of Love, so that when you are not actively doing that, you are perfectly at peace. Now, how does that come about? You must sit in meditation and sternly concentrate twenty hours a day and put great effort into it. You must seek out every guru and teacher that this world knows. Never eat more than two morsels of rice in a given day, and by all means, don't engage in sex. Can you begin to see how every such teaching or belief must be based on the insistence that salvation has to be earned and that you must be other than a Son of God? It's all from the ego. It has nothing to do with the Kingdom, nothing to do with it at all. How then is that achieved? By *allowing* it. By *choosing* Love instead of fear. So that when you walk down your street, you already know where you are going and you already know why. It will take care of itself when you get there.

Choose Love and abide at peace. Just feel the soles of your shoes touching your concrete – or preferably your Earth. Smell the smells. Feel the breath as it moves through your body and feel the miracle of it all. Don't analyze it. Just *be* with it. And the mind will become as placid as a lake. And when you arrive at your destination, you will know what to say. And when you leave that destination and return home, leave the experience behind you. It has served its purpose. Why would you want to cling to it? Some of you have had what are called lovers, and fifteen years later you are still carrying them with you, aren't you? Well, maybe it was that good. And you haven't found anything to replace it. Let peace replace it.

Now, this is a subtle point. I am not saying never to have the memory, because there is nothing wrong with remembering loving thoughts. And what created that experience with that great lover if not the coming together of two minds, who for a moment realized that perhaps the body could just be a vehicle of communication through innocence and Love, before you got enmeshed in personality, before you got enmeshed in trying to possess and own one another, before your ego got involved with wondering what you would get from the other person.

The way to recognize your brother is by recognizing the Holy Spirit in him. I have already said that the Holy Spirit is the Bridge for the transfer of perception to knowledge, so we can use the terms as if they were related, because in His Mind they are. This relationship must be in His Mind because, unless it were, the separation between the two ways of thinking would not be open to healing. He is part of the Holy Trinity, because His Mind is partly yours and also partly God's. This needs clarification, not in statement but in experience. (ACIM, T 78) [T-5.III.1.]

Often you have looked to find again that state of innocence in which there was no seeking to get, as much as to give the simple delight of abiding in a miracle – the *joining* of Hearts and minds communicating *through* the body for a few moments – and then you clung to it and you insisted that the other give that to you again and again. That is what brings pain. That is what brings attachment.

There are two diametrically opposed ways of seeing your brother. They must both be in your mind, because you are the perceiver. They must also be in his, because you are perceiving him. See him through the Holy Spirit in his mind, and you will recognize Him in yours. What you acknowledge in your brother you are acknowledging in yourself, and what you share you strengthen. (ACIM, T 78) [T-5.III.3.]

Every loving experience you have ever had is etched within you and you need not bring it back to yourself, nor do you need to replace it. Nor do you need to look for another source of it. Come to abide with me in peace and know that everything serves its purpose, and even the communication through the body that *seems* to extend such a blissful Love, that arises in time, will end in time. That is certain. Count it then as a blessing and release it. For it is only when you are continually emptying your cup that your Father can replace it and refill it with something even grander.

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### **There Is But One Beloved and The Guilt of The Past Cannot Come With You!**

There are many upon your world that live in hell. It is called depression. It is simply because they have trained the mind to run in a small circle around something out of the past and they have lost touch with the present – which *is* the *only* place Light can be found. And if you would receive Love, you must extend Love. It is simply an *axiom* of this universe. You received Love once in some ancient beautiful “Love affair” because you were busy extending it. The whole world went away and all you wanted to do was extend Love to your beloved, and now that body or that form has been removed from you and you lament it.

And yet, all around you your beloved waits for your extension of Love because though there be many bodies, there is but one beloved. *There is but one beloved: Christ eternal!*

Therefore, depression in Truth never needs to occur. It *never* needs to occur. Simply busy yourself with finding someone to give your Love to. That's all there is to it. And become so busy in the extension of Love that you don't have time to let the mind reach back to the past and pull it back to you.

The power of the Sons of God is present all the time, because they were created as creators. Their influence on each other is without limit, and must be used for their *joint* salvation. Each one must learn to teach that all forms of rejection are meaningless. The separation is the notion of rejection. As long as you teach this you will believe it. This is not as God thinks, and you must think as He thinks if you are to know Him again. (ACIM, T 95) [T-6.1.18.]

Oh, precious friends, the arisen Christ only extends Love and never laments the past. It has served its purpose. Perhaps it has taught you a lesson. Perhaps it showed you the *contrast* through its pain of what it means to choose fear instead of Love, to choose self-contraction instead of self-giving. And if you have looked and have been pained by what you see in your past, count it as a blessing because it teaches you what you can do now, where you are.

*The guilt of the past cannot come with you.* It is not a burden to you at any time because your Father has already forgiven it. The slate is clean in every moment, if you would but receive it. Love then, indeed, the one who stands right before your eyes. Learn, please learn, that any moment in a relationship, when one stands in front of you, to have your attention wholly on them and they will *feel* the Love of Christ. They might even think that you are the one doing it. You're just the one *allowing* it to be done.

Remember that the Holy Spirit is the communication link between God the Father and His separated Sons. If you will listen to His Voice you will know that you cannot either hurt or be hurt, and that many need your blessing to help them hear this for themselves. When you perceive only this need in them, and do not respond to any other, you will have learned of me and will be as eager to share your learning as I am. (ACIM, T 96) [T-6.1.19.]

Be, therefore, the peace that you are and you *are* the Light of the world. I have come only to share with you my Love, to embrace you with my arms, not as body but the arms of my Heart that have stretched out to include the whole of creation. You are the one I Love. You are the one that I have come for. You, each of you, are the ones that I Love above all of creation. You are the ones that I have extended myself for since before the beginning of time, and I have called out unto you. I have knocked upon the door of your Heart without ceasing because you are the one that I Love, and I want you to come to where I am because I *need* you. Because your brothers and sisters need us, they need our joy and our laughter and our play and our certainty and our abundance and our wisdom. They need our gaiety. They need our smiles. They need our Love!

We are indeed of one Spirit and one Heart and one Mind, and in this day our unity is restored on Earth as it is in Heaven. And I don't know about you, but I am not going to stop until the whole of this world reflects the unity of Heaven. What other game in town is there worth playing? There isn't one. There has never *really* been one. But you tried to create some to replace it.

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### **The Kingdom Needs You to Be Healed**

There are many of you who are making shifts in consciousness, and your compassion has opened. You are understanding that there is nothing outside of you, you have begun to open, and you have thus begun to see that your brother and sister is not outside of you and cannot be outside of you. And out of your compassion, you want to help them heal. You will be effective to the degree that you *allow* in every day healing to come to you and to never shut your Heart to that process. (JT-H)

And if it means that you think you may cry tears in every day of your life for the next two hundred and forty-seven years, you will gladly do it because that keeps you in that line of power so that the Holy Spirit can work through your humble Heart and extend the healing to the one who has asked for it but needs you as an intermediary because their strength is not yet certain enough to come to the throne of God directly. And the greatest of days will come when all of the healers that understand what it means to truly be healers are out of work. And then they, too, will rejoice because their work will have been finished.

Please do not fear healing. You are actually widening the split while holding on to the illusion, created with the power of the mind, that you have already gotten it finished. You are worthy of being healed, so you might as well get on with it. *The Kingdom needs you to be healed*. Will you know when it is completed?

Here's the rub: when in Truth healing has been completed, you won't even care if it's been completed because your life will have become, we will use the word here, sacrificed, but I don't mean it in your normal sense of loss. It is a gift given freely by you. It is like looking at your brothers and sisters and saying, "Gosh, they sure are enjoying groveling in the muck and mire. Because I love them I am going to get down on my hands and knees and grovel, too. And just maybe one of them will look at me, and if they look at me at the right time, the Holy Spirit might be able to work through me. But the Holy Spirit will never be able to work through me if I don't get down on my hands and knees."

Enlightenment, salvation is not about keeping the mud off of your knees. It is the freedom to be in the mud without identifying with it, but *allowing* yourself to be there as long as the Sonship still needs you.

Now, if that were not true, when I ascended to my Father, I would have waved goodbye and I would have wished you well, but you would have never heard from me again. Understand what I mean when I say that I have never really left this world and that I work without ceasing.

I can only do so because I completed my part in the Atonement as a man who walked upon this plane. Therefore, that is the path you, too, must take to let yourself complete the process of healing so that out of your freedom you can take on the cloaks of this world and look like everybody else until they learn that they are not separate from God.

I am only a temporary mediation bringer to you, and the grandest of days that will come to me is when you look past me and need me no longer. But until that day I will work without ceasing because I Love you, and every genuine healer understands the Heart from which those words are spoken because they are spoken from the Heart of Christ. That is more than any one embodiment could ever contain. I am merely one who is like you but has become identified with the Christ, and I call you to do the same.

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**“Holy Father, Let There Be Light.  
And Now, You Want Me to Let it Go Before I Jump in That Lake of Eternity?”**

The water is fine. Jump in. But to jump in, you see, you have to remove your bathing suit of your wounds that you have refused to embrace so that they might be healed. There can not be any dust on your body when you jump into the water of eternity. So many of you are standing on the platform constantly repeating that prayer, "*Holy Father, let there be Light*." However, I want to keep this little smudge on myself. I want to hold on to it as my own because I put a lot of energy into creating it. My God, I've spent lifetimes becoming as wretched as I could be and now You want me to let it go? I've spent lifetimes convincing myself that I am weak and frail and now You want me to let it go? How dare You. I have used the power You have given me, Father, to create unlike You and I have been rather proud of it. I have even created the sense that I am separate from You and that took a lot of doing. *And now, You want me to let it go before I jump in that lake of eternity?"*

Unfortunately, yes. Let your life be a sacrifice. Not a painful sacrifice – that's been done a thousand times. It is not a lot of fun. Let your life be a sacrifice in the sense that you realize that you are just walking around pretending like you are a body, pretending like you are just a person so that you can make yourself available to those who still believe they need an intermediary. A teacher of God is nothing but a temporary device. Please, I beg of you, contemplate well what I have shared with you. It is very important because it is really the journey of everyone, not just a special class of species that are called "healers." You are all healers, every one of you. Learn all you can about it. Apply it to yourself. Become one who loves to heal, *not* by groveling in your past, but just by noticing the nuances that come when certain circumstances seem to elicit reactions. Do not pretend it is not happening or it will only continue. And that one veil, though subtle as it may seem, maybe the very veil that keeps you eternally on the wheel of birth and death in the drama of separation.

If you want to see the planet healed, then be very fervently involved in your own healing. Not by picking yourself up by your bootstraps, but by asking for help and noticing what comes into your life. It's there for a reason. If indeed nothing arises by accident, then it must be there for a reason.

Now, does that mean that you need to take upon yourself great humility and seriousness, and say, "God, I'm such a wretched, sinful creature after all and I've been fooling myself. I have got to dig deep. Boy, do I have work to do." No, it means to embrace it and move into healing with joy and with strength and with certainty. Have fun with it.

The Holy Spirit begins by perceiving you as perfect. Knowing this; perfection is shared. He recognizes it in others, thus strengthening it in both. Instead of anger this arouses Love for both, because it establishes inclusion. Perceiving equality, the Holy Spirit perceives equal needs. This invites Atonement automatically, because Atonement is the one *need* in this world that is universal. To perceive yourself this way is the *only* way in which you can find happiness in the world. That is because it is the acknowledgment that you are not in this world, for the world *is* unhappy. (ACIM, T 97) [T-6.II.5.]

How else can you find joy in a joyless place except by realizing that you are not there? You cannot be anywhere God did not put you, and God created you as part of Him. That is both where you are and what you are. It is completely unalterable. It is total inclusion. You cannot change it now or ever. It is forever true. It is not a belief, but a Fact. Anything that God created is as True as He is. Its Truth lies only in its perfect inclusion in Him Who alone is perfect. To deny this is to deny yourself and Him, since it is impossible to accept one without the other. [T-6.II.6.]

I have said that the holy Son of God is unlimited and that is True. And yet, that which is created has a limit in the sense that while the Son of God has been created by God, the Son of God has not created God and, therefore, remains the created. (JT - HHH)

What, then, is God? Mystery beyond *all* mysteries. Love beyond *all* Love. Light incomprehensible without beginning and without end, a Light that is present everywhere to the mind that is awake and sees. What is God? He is Beauty. He is Grace and He is Compassion and He is Power and Wisdom indeed. He is that which flows forth and gives of Himself without measure. And out of Love overflowing creates the image of Himself as the holy Son of God, that which you are: *Great Rays of Light* forever and eternally pouring forth from the One Light that is never separate from the Ray of Light. What has created God? Nothing. God has no beginning and no end. And in Him do you abide always, now. And this world, this world holds no power over the precious and Holy offspring of God: *you!*

Short is the time for you to finally *hear* the Gospel and *receive* it. It can be rather entrancing to sit around and listen to the Gospel. And it can be a bit fearful to put it into practice, to *become* the Gospel so that wherever you are and wherever you walk, the Gospel is being radiated to other minds. (JT - E) *Teach only Love, for that is what you are.* He is a Son of God, along with you. He is no jailer, but a messenger of Christ. *Be* this to him, that you may *see* him thus. (S 6) [S-1.III.5.] Not by preaching on street corners but by extending Love. Indeed. (JT - E)

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## **Let Not A Moment Pass In Which You Do Not *Choose* to Abide With Me, In Me and As Me!**

Can you and will you choose in each and every moment to acknowledge the Truth that lies within your Heart? For the words that I would speak are not mine but yours. They live already *within* you. And no words that the world could shout to you can blind the radiance in which you abide. Your only task, and indeed that for which you have *chosen* to come forth into these times, is to acknowledge wholly before every breath that you are the only begotten son of God. And as you *choose* to do this, you will indeed look out upon a world transfigured and you will behold naught but the radiant splendor of the son that dwells in the Heart of all. (ARC)

For this have you chosen to suffer all that the world is in its many forms and in its many moods throughout innumerable lifetimes. And yet it is permissible in *this* time and even in *this* moment to acknowledge within yourselves *and* with one another that all life is but one Life. Never in Truth have you ever gazed upon another save when you chose to see through the eyes of the world. Now are you held lovingly in the arms of the Father; therefore, fear not for no reprisal will be felt, no incrimination will be made against the meek who shall inherit the earth. For where Light is formed, darkness cannot abide. And where Light chooses Light, darkness is no more. *Choose* with me the Light you are. Let not one moment pass from the time you awaken in the morning until that time that the heavenly Father calls you to Himself and the body slumbers, *let not a moment pass in which you do not choose to abide with me, in me and as me*. For we are eternally but one.

Many of you know well the journeys that you have taken, the roads you have chosen to travel. Others but feel your many experiences past, gently touching your awareness that comes to you in your sleep and your momentary glimmerings. But unsure in a world that has not received me, you have doubted and forgotten what you have dreamed. And now the end of all journeying is upon us. All of you have known me. All of you have come to me. All of you have sought me that you would know the Father. And I would speak this one Truth to you: your journey has ended and you have *only* to recognize the Truth of what I share with you. Will you *choose* to acknowledge what you know? Will you *choose* to look upon one another and *allow* that smile that can only be born of True recognition to emerge? Would you choose wholly to abide one with the other in the Light that the Kingdom is?

Let not your Hearts be given over to false piety. For the most arrogant of acts is to believe that you are separate from God, and that you are other than the Son. If you would *know* goodness, then *be* goodness. If you would *know* the unfathomable giving that is the Love of the Father, then *be* that unfathomable giving. Who among your brothers and sisters is not worthy of beholding the presence of the Son? Why then would you deny Him to them? For where you *are* the Son *is*, without limitation and without boundary. *Be this; teach this*. Give to your brothers and sisters the one and *only* thing that in Truth they are seeking, though it be masked in many forms. For never has the sleeping Son sought anything but to awaken from His dream and to abide wholly and eternally in the arms of the Father. And now the end of all illusion is upon us.

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## **Unto The Son In These Times Is Given All Power To Transfigure This World!**

*Feel* the very Light that the Son is, awakened within your own Heart. Let it touch the sleeping corners of your mind and awaken the cells of the body. For this moment have you come into this world. Would you choose now to deny the fulfillment of all that your journeys have shown you? Never in Truth have I been apart from you, nor you from I. It is this that the whole of mankind longs to remember. It is the forgetting of this one great Truth that begets all sorrow and all senseless repeating of experiences which no longer can serve a purpose. Therefore, my yoke is easy and my burden light. For there is no effort to be made in the Kingdom and yet all that is set before you, the one that would serve first the Will of the Father within them. What life could be lighter, what experience more joyful than to abide in and as that perfect freedom that has existed before the world is? Be this Truth. Teach this Truth. And when another would speak unto you, see in them only what the Father sees, even the perfected Son in Truth eternally awake, choosing for yet a little while to continue a useless dream.

The Kingdom cannot be proven nor is it your task to do so. But the Father would simply have you abide in the Reality of who and what you are. It is not your task to save the world. But it is your task to remember eternally in each and every moment where Reality truly lies. As you practice this, you will become more and more even what I demonstrated upon this plane. And all that I have done you will do and even greater things will you manifest. *For unto the Son in these times is given all power to transfigure this world.* In you there is no lack; therefore, let there be within you no doubt. For where there is doubts, know that you have chosen to separate yourself from the Kingdom. And where there is remembrance, the Heart abides in quiet peace. And it is the Heart of the servant who simply serves the Will of the Father and has given all things back to the Father, knowing full well that it is the Father alone that knows the beginning, the journeys and the end of all things.

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## **Here Is the Final Doorway and Let the Joy of Remembrance Light Up Your World!**

Unburden yourself from the world. Unburden yourselves from fear. Unburden yourself from doubt. *Allow* the mind to rest in silence. *Allow* the Heart to rest in emptiness. For when the mind is stilled from its grasping and its judging, and when the Heart is emptied of all that the world has placed within it, *then* does the Father make His abode with you. *Then* is the Son reawakened and the Kingdom is and the world ceases to be. He that understands these words has in Truth come to where I am and we abide eternally as one. *Here, then, is the final doorway.* Here, then, the threshold gently crossed. Here, then, is that peace that in Truth passes *all* understanding. Herein I am. Herein *you* are.

There is not a moment of your experience in which you do not already abide in the arms of the Father. There is not a moment of your experience in which His Will for you is not being made manifest.

But the sleeping son who would insist on seeking the Father, rushes by Him and sees Him not. But the son that would rest in peace, giving up all thoughts of what the world is and what it should be, abides in stillness and in stillness recognizes that the Father is with him and then great laughter comes. Not that laughter born from the world but a laughter that transcends *all* of time and *all* of space. It is a laughter that echoes through the whole of the cosmos. It is a laughter that uplifts and transfigures every jot and tittle of this magnificent creation. Accept then the gift freely given. Accept the Reality that you have held it within the palms of your hands throughout the whole of time. And now the time of acknowledgement is in Truth upon us.

No more will I, the only begotten Son of God go out from my Father's holy place. For I and my Father are one. Herein is the end of all gospels. Herein is the end of *all* searching. Herein is the *only* Reality that has ever existed. And there is no one thing that you have ever done that has separated you from this Truth. There is not one thing you must ever *do* to win the gift freely given. Every breath you breathe, every movement of your bodies, every word you speak, every thought you think, every communication given be naught but the expression of the Truth you are.

It requires not that you climb to the rooftops and shout this gospel for it is in great simplicity that the ears of the heart hear the sacred voice of the Father given through the very presence of the Son. There is not one soul upon this earth, there is not one soul in the many planes of creation that exist even in this same space that cannot be touched by your loving embrace, and yet it is not to them that you must reach, but to *your Self*.

For again I say unto you where Light abides in Light, darkness cannot be. And you are the Light that Lights all worlds. When you choose to enter the quiet chamber of your Heart in perfect silence and perfect remembrance, your Light shines through the whole of creation. And is not this the perfect gift of the Father to the Son? But the task the Father would have the Son complete requires *not* the least bit of struggle. For struggle is born only of your world and never of your Reality. Where you feel struggle, know that for a moment you have forgotten the Kingdom. Where you experience lack, know that in *that* moment you have forgotten the Kingdom.

*Let the joy of remembrance Light up your world* and know well that all who come into contact with you will be touched by that Light though you speak not a word. Give them back to the Father, for He alone knows how to form their journeys that would bring them to this place and this knowingness and this peace. He alone knows how to bring all from time to eternity, from the world to the Kingdom, from suffering to joy. And you will come to know the Voice of the Holy Spirit that would nudge you to speak and to act. Not as *you* would speak, not as *you* would act, but as the Father would do these things *through* you. In the perfect servant is found the perfect silence. Abide then with me in all that silence, in all that it contains. For in perfect silence is perfect fullness. It is not that silence found between each word. It is not that silence that rests between each action, but it is that perfect silence in which all words can be spoken and all actions done. Abide here and here alone, and in this we are one.



To enhance the main topics, this material came from both *The Way of Mastery* and *A Course in Miracles*.

Page Ref:

The Way of Mastery (JT - Jeshua Transcripts)

JT - E      Easter  
JT - H      Healing  
JT - HIH    Healing the Illusion of Hurt  
ARC        Archives

A Course in Miracles (ACIM)

T - Text (Page #) and [New Paragraph Identification #]:  
(ACIM, T 78) [T-5.III.1.]  
(ACIM, T 78) [T-5.III.3.]  
(ACIM, T 95) [T-6.I.18.]  
(ACIM, T 96) [T-6.I.19.]  
(ACIM, T 97) [T-6.II.5.] [T-6.II.6.]  
(S 6) [S-1.III.5.] ACIM - Song of Prayer

If a paragraph does not have a page number reference, it is part of the previous paragraph's page number.



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