

Simply Do This with ACIM

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Simply Do This

– with ACIM

What Pebbles Do You Want To Drop?

If you would choose to awaken wholly, if you would choose not just to be a wave that has mysteriously arisen from the ocean, if you would choose to be more than just another soul that has arisen from the Mind of God and is, somehow, crashing about through the universe, it is *absolutely necessary* to own, as your own, the pebble that drops into the still, clear pool of your awareness with the thought: I am the one who *chooses* the effects I experience. I, alone, *interpret* all neutral relationships or experiences. I, alone, place the value upon objects, things, thoughts, and belief systems. I, alone, am the literal creator of my moment-to-moment experience. (WM 97)

This, as you can see, changes everything. Never again can you allow yourself to feel as though you are merely a victim of unconscious forces. Never again can you look out beyond yourself and find fault with another. Never again can the energy of blame be projected from you to be dumped upon another. Never again can the energy of judgment hold sway in your holy mind. This thought, this one singular pebble dropped into the still pool of your awareness is absolutely essential if you would decide to awaken wholly.

When you drop the pebble into the mind: I am not a victim of the world I see. I am a ceaseless creator, made and of one substance with my Creator Itself. Then, indeed, the questions begin to take a different shape. You begin to use the power of your awareness to deliberately and selectively choose which vibrations, which webs of relationships, you are going to pull into your field of awareness – which ones you are going to resonate with and which ones you are going to let dissolve from your mind, from your awareness. (WM 99)

If you have held onto a thought of smallness, a thought of lack, or a thought of powerlessness, now you begin to see that it is perfectly neutral. It is perfectly safe to look upon everything you have ever created and experienced and say, "It is very good, and now I'm done with it."

"What's next? What pebbles can I drop into my holy mind in this very moment? Can I look upon the current experience I'm having and see that it's nothing but the effect, the ripple, of a pebble or a thought that I dropped into my mind so long ago that I don't even remember it? Can I look upon those events that are unfolding around me..."

And if they are unfolding in your body, trust me, that is still *around* you, for you are much more than just the body.

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Are You Willing To Drop The Pebble “I Am Christ?”

"Can I begin *now*, am I willing *now*, to drop a different pebble into the still and infinite clarity of the pool of awareness that is what is alive about me always? Dare I think a different thought? Dare I drop such a pebble into my consciousness?" So what pebbles could they be? I think I'll become a world savior, a Christ. What would that be like? What vibrations would I need to let go out of my life and which ones would I need to open to? What would it feel like? What would I see as I look out through the field of my awareness at creation? I think I'll allow myself to be able to commune with any web of relationship, any soul, any being, that exists on any plane of creation. Why, perhaps I'll even allow myself to know that I can be in communication with Jeshua. How wealthy can I become in this third-dimensional reality? How many golden coins could I possibly create in order to give them away to others? How many beings could I say "I love you" to? How big can I make my heart be? How deep can I experience peace? The realm of possibilities is as infinite as you are. The ones you select and choose are the ones that will create the web of relationships that you will call your life, your experience.

What I call you to is this: to be willing to **allow** the pebble to be dropped into your field, or pool of awareness, that carries the energy of the thought: From this moment forward, I elect to birth a Christ, and thereby learn what Christ is! And your experience becomes the unfolding learning of what Christ is. When that learning completes itself, you discover that what you have learned is what you are created to be. You have returned full circle. The prodigal son or daughter, journeying through the field of all possibilities, has returned as the awakened Christ, and has taken up his or her rightful place at the right hand of the Creator. (WM 100)

What does all that symbolism mean? It just means you finally think only with your right-mindedness. You think as God thinks, and God thinks lovingly. God thinks infinitely, timelessly, patiently, certainly, and above all, God thinks *playfully* – *full* of play! When you feel such Love and such joy welling up within you that you can hardly contain it, do you not start dancing and moving the body about, saying, "Oh, my gosh, what am I going to do with all this energy?" You could call your friends. Oh who could I write a letter to? Oh, who could I send flowers to?" Do you not become caught up in the desire to let some energy expand out of you, to touch all parts of your creation? (WM 101)

Well, imagine being God – infinite, vast, without a top or a bottom or a left or a right, filled with nothing but pure, unconditional, radiant Love! Can you imagine being able to contain yourself and say, "Oh, well, I think I will just sit here in this and not let anybody notice it"? No! God said, "Let there be Light!" And it was very good! God looked upon all of creation, which literally means not just this planet, but all of an infinite number of creations of dimension upon dimension upon dimension, and all little webs of relationships called souls that He brought into existence in one split second and said: Lo, it is very good! This is My play! My Joy and My Love and My aliveness have poured forth and overflowed My Grand Being and brought forth into manifest creation – you!

You – each and every one of you – are made of the very substance of that overwhelming Love and playfulness that has the power to create infinitely and thereby to extend creation itself! That is who you are! That is where you find yourself *now*, and now, forever. And you will never escape it.

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You Cannot Ever Escape The Reality That You Are, and Always Will Be, In The Process of Creating Your Tomorrows!

Mastery comes when fear has been completely dissolved. Fear is dissolved not by fearing it, not by hating it, not by judging it. But by being looked upon with perfect innocence. Embraced. As you look within and notice the things you have become afraid of and how fear has constricted your creativity, your joy, your playfulness and your unlimitedness, you merely look with innocence and wonder and say, "Oh, I see how that ripple has affected the creation that I call my life. Do I like it? Not any more. Good! I think I'll be rid of that. What can I replace it with?"

Mastery is a state in which you have embraced yourself as a ceaseless creator and assumed complete responsibility for everything that comes into the field of your awareness *without judging it*, so that you can simply decide whether it is going to stay or be dissolved in its effects. Mastery is fearlessness. That is, you no longer fear the infinite, creative power of your perfect union with God. "I and my Father are one!" is one expression of mastery. If I, who uttered those words so long ago in your experience of time, can demonstrate to anyone who will look that consciousness transcends the limited beliefs about the body, life and death that the world seems so determined to defend at all costs, if I can demonstrate that only Love is Real, if I can demonstrate the power to communicate with minds across creation, if I can bring forth creations by joining with other minds who may temporarily think they are just a body, such that written words fall upon a page and the page becomes part of a book [*The Way of Mastery*], such that your Heart is touched at just the right time, if I can do these things, so too can you. And indeed, greater things than these *shall you do!* (WM 102)

Is it not time to assume complete responsibility for the grand freedom that has been imparted to you by Abba, Father, Creator, Source of your being? Is it not time to begin spending time disengaging from your entangled view that holds you to believe that what you feel and what you think is the *effect* of all of the energies and things that are coming *at* you, from around you? Is it not time to begin to use time to decide which pebbles you will drop into the field of your awareness consistently, day by day, hour by hour, and even breath by breath? *For these things create your tomorrows, and you cannot ever escape the Reality that you are, and always will be, in the process of creating your tomorrows.* Death will never separate you from it. Denial does not change it.

You are free to decide what your tomorrows will be through the act of seeking first the Kingdom. This means to rest into that inner silence in which you *know* that you are a wave having arisen with perfect momentum out of the depth of the ocean of God's holy Mind. And that what you carry with you is the result of the thoughts and the beliefs and the perceptions – like pebbles – that you have dropped into the wave of your awareness.

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Creation Is Forever New

When you look upon a friend, and the mind moves from neutrality (which is where you begin every experience) into the thought, "That is my friend, Mary. That is my friend, St. Germain. That is my friend, Peter." Whatever the name may be, when you hold that thought, already you begin to change the experience. You are a literal creator in that moment. For when you name anything, you define it according to the factors that you have built into the name that you use. When you look upon a field of energy arising from the mystery of Earth and you say the word "tree," instantly you have brought forth into your manifest experience everything you have ever decided is associated with the field of energy that you have called tree. In this way, your experience is entirely unique. It has never been before; it will never be again. Nothing can repeat it. *This is why creation is forever new.* (WM 107)

Yes, you can stand with your friend and look upon a tree and nod your head and say, "Of course, that's a tree. Yes, I see the branches. I see the leaves." But as soon as you have named it, you have brought forth all of the associations you have called to yourself, your experience of that field of energy that you have called tree. Rest assured, those called environmentalists and those that you have labeled loggers definitely see a different experience though they both use the same word tree. Which is right, then, and which is wrong? This does not apply.

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What Should I Choose To Communicate To The World?

We want to address another of the important pebbles that you must drop into the clear, still pool of your awareness. It is simply this: All webs of relationship, all energy fields, are *absolutely neutral*. What creates experience is how you decide you will view that web of relationship, that field of energy. The *effect* of that decision is also completely neutral. But how can that be? For when a logger sees a tree and sees only the profit to be made, forests disappear. And when an environmentalist looks at a tree, the tree remains and the mighty owls and the birds have a place to make their home. Surely, are we not to perpetuate the same reality, the same experience that all human beings have had? Is there not loss when the forest disappears? Listen well and carefully: All events are neutral. *You* are the one that places the value upon it.

Now, does that mean that one should become cold hearted, unconscious, and blind to their actions? Of course not, for part of awakening means to realize one's interconnection with the web of all relationships. It means awakening a reverence for the Mystery that is Life. But it also means to release judgment of another who would view the tree differently. For you see, the body that you have crystallized out of a field of infinite energy has but one purpose. It is a communication device.

Therefore, let your primary perception, your primary guiding light in your third dimensional experience be this: *What do I choose to communicate to the world with every gesture, with every breath, with every word spoken and with every decision made?* For ceaselessly, while the body lasts, you are engaged in the process of communicating to the world, making manifest to the world, what you have chosen to value, what you have called into your experience and imbued with value. This means that ceaselessly you are engaged in teaching the world what you believe holds the greatest truth, the greatest value. (WM 108)

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Where Have You Drawn The Line Upon Neutrality?

When an environmentalist looks upon a logger, becomes exasperated and judges that logger or vice versa, the body is being used to communicate the value of judgment. That creates fear and contraction. The result of many, many minds choosing to value the right to judge is the effect you call your world, in which everything seems to be expressing conflict, struggle, "butting of heads" and the Armageddon of opposite ideas running into each other. And just beneath it all, all events remain completely neutral. Even if the forests of your planet were completely taken away, that would be a neutral event. Why? Because if all of the trees were gone, if the very physical planet you call Earth died, dissolved from view, Life would continue. Life would merely create new worlds. It does it all the time. *You* do it all the time.

The events, then, that you experience are always neutral. What you see occurring in the world around you remains neutral until *you* make the decision what it will *be – for you*. You will name it and, therefore, you will define it. When you define it, you call all of the associations of that to yourself.

This is why once I taught it is very wise to forgive seventy times seven times. It was for a very selfish reason. If one wrongs you and you spend your energy convincing them that they have wronged you, that you have a right to be angry and to be attacking in any way, you call to yourself – even into the cells of the body – the energy of conflict, judgment, war, death, disease, unhappiness and separation *instantly!* But if you forgive seventy times seven, then in each of those moments of forgiveness, you call into your field of energy that which reminds you of unconditional Love, perfect peace, a power that transcends anything that arises in the world. You call to yourself the Reality of Christ. And all of it hinges on nothing more than the pebbles that you drop into your mind.

Where, then, have you drawn the line? Where have you said, "I will allow neutrality to all events in *this* sphere, but not in *that* sphere. It is always wise to *look lovingly* to see where you have drawn the line, to see what you will look upon as neutral and what you cling to as being filled with meaning and value that is unquestionable. For there you will find what requires forgiveness within you. We have shared with you that mastery is a state of fearlessness. When you place a value upon something and then become adamant that that value exists in the event or the object outside of you, you have secured your place in fear. And fearlessness is as far from you as the east is from the west. Look well then, to see where you have placed a value, and insisted that that value be unshakable.

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It Is Time To Begin Viewing Yourself From The Perspective Of An Absolute, Ceaseless Creator!

Every web of relationship comes to you perfectly neutral. You decree it by naming it and defining it. When one comes to you in anger and you react, recognize that you first decided that they are angry, and you have brought forth with it all of the associations you have ever decided to value concerning what anger means. (WM 109)

Yet in that very moment, you hold the power to witness this field of energy circulating through the body and mind and the speech of another, and to see it as a dance of energy, a mystery arising from some unseen source and web of relationships. You could look upon it with curiosity and with wonder if you defined it differently. This is true for all things that arise. Even the great diseases that seem to threaten the life of the body can be looked at with complete neutrality. But if you define them in a specific way, you will call to yourself the fear of that event, which comes with all of the associations you have learned from the world and from your own experiences. (WM 110)

The message is simple, but it is very important. It builds on all that we have shared previously with you. You are a creator, and you cannot help but create. The question, then, is: What will you create in each moment? Far beyond the great thrill of the magic of creating events or objects in third dimensional reality are the *qualities* that you create, such as peace, unlimitedness, forgiveness, compassion, and wisdom. These too are creations. Compassion does not exist floating about in the universe until you manifest it and cultivate it within your own consciousness. Christ consciousness cannot be said to truly exist – for you – until you create it within yourself. Your union with God does not even exist – for you – until you decide to open to the lived experience of it.

Nothing can be said to exist – for you – until you have tasted the lived experience of it. So when you hear talk about enlightenment, when you hear talk about union with God, when you hear talk about unconditional Love, stop nodding your head thinking you know what these things are, and turn your attention *within*. Do you abide in a lived experience of these things? Immediately you will know the answer. If your answer is, "No, I hear talk about enlightenment and I get little glimpses, but I don't really know what it is because I'm not feeling it completely in my lived experience," right away you will know that there must be something that you have valued *other*

than enlightenment that you are insisting remains in place in your consciousness. What is it? Search it out, find it and decide whether you still want it.

We would perceive there are many in your world that like to walk around *as if* they are in a state of peace with smiles upon their faces. Perhaps they carry the Holy Bible in their hand or some other such text. They wear some religious icon upon their body so as to create the appearance of one who is at peace. But inwardly, they are not at peace. When they turn on their television and they watch how the logger has felled yet another tree, inwardly they respond by calling that one "ignorant" or "stupid" or "limited." (WM111)

In that moment, they have spoken to the universe the truth that they are choosing to live, "I am not one who wants to know what peace is. I am not one interested in forgiveness. I am not one interested in wisdom. I am interested in judgment and the high that I feel in my body through the act of judging another as being less than myself." In short, it is time to give up the pretense. *It is time to begin viewing yourself from the perspective of an absolute, ceaseless creator.* Begin looking at exactly what you are creating in each moment of your experience. Bring the quality of childlike innocence to what you *actually* experience, not what you tell everybody else you are experiencing. It is time to become honest with the effects of the ripples of the rocks or the pebbles you have dropped into the field of your awareness as a great form of play.

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A Doorway To Wisdom: Create Consciously All Your Events!

For a creator who understands their infinite power to create and who understands that it is going on ceaselessly – that effects are being generated moment to moment to moment to moment that will indeed be making up their tomorrows – *gladly* gives up the energy of denial. And turns to look upon every moment of their experience that they might discern what choice they must have made to bring about the effects they are currently experiencing.

When a bill comes, and your body shakes and you go into contraction and worry because there are not enough golden coins in the checkbook to pay for it, the creator *stops* and looks upon all that is being experienced in the field of the body, in the emotional body and at the thoughts being held in the mind. They begin to notice how they are viewing the objects around themselves, the world around them, in order to begin to wonder, "What thought must I have dropped into the pool of my mind to create the *effect* of lacking golden coins? And is that a thought I wish to drop into my mind so that I create similar effects in my tomorrows?" Here is the doorway of wisdom. Do not create unconsciously and then just walk away. But learn ceaselessly from your creation. For in this way you begin the process of dissolving the creation of an un-enlightened being and you begin to build the creation of a Christ here and now, in this moment.

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You Are An Awesomely Powerful Being!

Never, ever believe that your *thoughts* are neutral. I said that events are neutral, but your thoughts are *not*. For your thoughts literally are imbued with the power of creation. They do not create neutrally. That is, every thought reverberates a quality of vibration that spreads out from you, touches the shores of manifested reality, and comes back to you. That is what you experience as the positive and negative events of your life. (WM 112)

Now, it is very true that at any moment as you go along in your experience, as you experience the reverberation, the coming back of the ripples you have sent out, in that very moment you are not a victim of what you have created. Because in each such moment you remain as perfectly free as you were when you first dropped the pebble into the pond that even created the ripple in the first place. *You are free to choose how you will experience the effect of that ripple.* And if you experience it with unconditional freedom, with unconditional acceptance and Love, forgiveness, neutrality and innocence, you literally *defuse* the effects of that ripple upon the pool of your consciousness. And then, in that moment, you become instantly free to begin creating, in a new way, the ripples that you will experience in the future. And this is why you are never a victim of anyone's creation, especially your own.

It is not that life is so complex that you have created all these momentums and now you are stuck with them. In any moment that you *get it*, you can stop reacting as if you were a victim, and look merely at the ripples that are coming back to you that you have sent out from yourself and say: This has come into my field of experience as an awesome mystery. *This means that I am an awesomely powerful being!* Therefore, I will look *lovingly* upon this ripple.

Yes, I know it needs to play itself out. But as it does so, I'm going to be wise enough to see the transparency of it, to see the lack of effect that it really has. It doesn't change who I am. It doesn't add anything to my life. It doesn't take anything from it. It merely is an experience called life passing through the field of my awareness. If I look lovingly upon it, if I embrace it, I can *transmute* it, and therefore, already be engaged in the process of creating a whole different kind of vibrational ripple that will create my tomorrows. That means that while the power of your thoughts is not neutral, the events called the effects of those thoughts can be either neutral or not neutral, depending on how you use the very primary power of awareness. We are seeking to share with you how infinitely *free* you are.

If you are made in the image of God, and I assure you that you are, you are not a victim of the world you see. You cannot, in Reality, be victimized by anyone or anything at any time because your Reality is that you are made in the image of God. If you could truly be victimized, it would mean that God creates *unlike Himself*. Does a salmon come from an oak tree? Does a nebula come out of the womb of a woman? Does a raspberry grow on a grocery store shelf? No. Like begets like. Therefore, why would you ever believe that God – who is but Love and unlimited creativity and power – could ever beget something that is small and little and powerless? It does not happen. God cannot be victimized. Therefore, God's creation remains victimless. (WM 113)

Teach Only Love, For That Is What You Are!

All events remain neutral, and all that the environmentalist and the logger are doing is using the power of consciousness to momentarily create the belief that they are *this* and not *that*. They place a value of their own choosing upon an event of energy that they call a tree. And by what value they place upon it, they call the quality of experience they will have into their field of awareness. That is all that is happening. The energy that makes up the tree is eternal forever. It may change form, but Life remains. Therefore, lament not the passing away of a species, but trust the Grand Intelligence that gave rise to it in the first place. For it is still busy creating even greater universes. This is why loss does not exist.

In the end of all seeking, you must look into the mirror and decide to be the one who heals yourself. *You* are the one who decides, from infinite freedom, how to use the power of your mind in each moment. Therefore, the only question that a seeker of Truth really truly need ask him or her self is this: Would I know conflict or peace? Would I be right or happy? Would I see the complete neutrality of all events in this world as wisps of a dream, being birthed and passing away? Would I see myself whole and complete? For as I look upon the world, I have judged myself. And as I look upon myself, I judge the world. (WM 124)

This was the simple secret that I once discovered when I walked upon your planet. It was not about achieving some grand mystical state of consciousness. It was not about acquiring great powers that could attract the attention of thousands. It was not even about being able to manifest, although these powers may indeed often express themselves through the mind as it awakens. It is about accepting the Truth that is True always, and being determined to allow that Truth to be the foundation from which you *enjoin* each and every moment of your experience. I am awake. I am safe. I am at peace. What do I truly want this moment to be for? For as I decree it, so shall it be.

How this day might I extend the treasure of the good, the holy, and the beautiful?

Beloved friends, the way *is* easy and without effort. You exist to extend your treasure. And your treasure is that which is laid up in Heaven through the decision to remember *only* your loving thoughts, to extend *only* loving thoughts, and to allow your actions to express or to manifest in the field of time the good, the beautiful, and the holy. *Never* is your freedom taken from you. Never in any circumstance do you lose the innocent freedom to teach only Love, to be the presence of peace, to recognize that the world can give you nothing, just as the world can take nothing from YOU. (WM 124)

That is why you must teach only one lesson. If you are to be conflict-free yourself, you must learn only from the Holy Spirit and teach only by Him. You are only love, but when you deny this, you make what you are something you must learn to remember. I said before that the message of the crucifixion was,

"Teach only love, for that is what you are."

This is the one lesson that is perfectly unified, because it is the only lesson that is one. Only by teaching it can you learn it. "As you teach so will you learn." If that is true, and it is true indeed, do not forget that what you teach is teaching you. And what you project or extend you believe. (ACIM T 99) [T-6.III.2.]

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How Might I Extend God's Treasure Of The Good, The Holy, and The Beautiful?

Gently relinquishing the world rests on your decision to choose to teach only Love, because you have realized that when you do not, the effect that you know immediately is painful, conflicted, unfulfilling, and that that is what you no longer want. Here, you have begun to transcend the world that you have made and to reclaim the world made for you, a world that rests in perfect union, in the union of Father and son, God and offspring, Creator and created. The way is easy and without effort. (WM 126)

What value have you ever placed upon the world that has restored to you the peace that you seek? You have mistakenly thought, "Oh, this automobile will do it; this relationship will do it; this new career will do it. If only I can take a trip to the far corners of the world, *then* I will be at peace." And so peace never quite comes.

A creator, abiding in enlightenment, knows that all events are neutral, so neutral that they have no effect, except for those who choose to be caught up in illusions. The creator, awakened, merely creates out of devotion to the Mystery of That which has created him or her. The mind of an enlightened creator does not arise in the morning and say, "How can I survive yet another day in this world?" In the morning, when an enlightened creator arises, the question is: *How this day might I extend the treasure of the good, the holy, and the beautiful?* How can I, right where I am, experience these treasures even within the space and volume of this body? How can I look lovingly upon what my physical eyes show me, so that I discern or extract the good, the holy, and the beautiful, and therefore, give them to myself?

The mind of an enlightened creator *knows* that of themselves, they do nothing. But in each moment of decision, they can *allow* the great power and Mystery of Love to direct their course. They can utilize time to refine their ability to hear *only* the Voice for Love, moment by moment, breath by breath, day by day, until time is translated into eternity. And the mind rests, reclines, in its perfect union with God.

Events still occur. The world is still what the world will choose to be, unaware that there walks in its midst one who is awake, who needs to make no show. They merely *are* the presence of wakefulness, knowing that in each moment they will now be *informed* by the guidance of the Comforter, the guidance of right-mindedness, the guidance of enlightenment. The world is no longer a concern.

They experience their very life as an ongoing flowing Mystery, as though something else were living through them. This is the meaning of my friend's words, "Let that *Mind* be in you which was in our Lord, Christ Jesus," as you would read in your Bible. That *Mind* is the Mind of perfect freedom. It does not belong to anyone, but it can be cultivated to flow through you. But *only – only – if* every fiber of your beingness is wholly committed to holiness. You cannot leave a finger outside and get to Heaven. *All* of your mind, *all* of your energy, *all* of your gifts, *all* of your very awareness must become committed to being the presence of peace. *This* is what no one can do for you. Sitting at the feet of enlightened teachers will not do it *for* you. (WM 127)

The wisest of students are those that hear the word and put it into practice, diligently, *for themselves – not* for their mother, not for their father, not for their spouse, not for their brother, not for their sister, not for the sake of the planet, not for the sake of the universe, not for the sake of the new dawn that is coming, not for the sake of anything but themselves. For their Self is what God created. And that Self calls out to you to honor it, by separating your Self from the illusions that you have allowed to make a home in your mind, and becoming wholly committed to teaching only Love.

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If The World Seems Insane, How Do I Let Go Of This Perception When I'm Not Feeling My Christedness?

Remember always that all events are *neutral*. In large measure, the process of awakening is a process whereby you dissolve the value you have placed upon certain ideas and perceptions of what life is and what life is for. Yes, there are times you will be troubled, as you come to realize that what you *thought* the world was for, and everything you have been putting your energy into, means *nothing*. Often, this precipitates a period of what has been called by certain mystics the "dark night of the soul." It is really not the dark night of the soul. It is the dark night of the ego, and the healing of the soul. (WM 213)

The Way of Transformation requires utmost personal responsibility, utmost personal dedication. No one can do it for you. And the patterns you feel weighed down by, the fears that are yet within the mind will remain with you for all of eternity – until you decide to *heal* them. From that desire, you will attract the situations, the teachers, the books, and the experiences that provide for you the opportunity to do so.

There is an acceleration of the healing process *only* when you completely release any valuation on victimhood, that is, the belief that, "Somehow, in some way, someone or something has done something to me." Now, that is a simple thought to hear, and one can nod their head. It is another thing to look *honestly* upon your reactions in life to make sure that you are not, at any time, perceiving yourself as a victim. The practice of extending Love can often teach you that this is so. When you take a situation that pushes your buttons, and you decide to not flee, but stay, this teaches you the Truth of your Reality. (WM 214)

This is why the practice of forgiveness is so extraordinarily valuable. In fact, you could say that, ultimately, the practice of forgiveness is the whole of spirituality. Why? Because forgiveness means to let the world off the hook, to step out of any sense of victim consciousness, and then even beyond that, to *forgive one's self* for the perceptions they have made in error – perceptions of one's brothers and sisters, of the world, and of God. Ultimately, forgiveness is forgiveness of one's self for ever allowing delusion to settle into one's own mind, whereby one perceived one's self as separate from God, separate from brothers and sisters, capable of being victimized. Forgiveness, when completed, *is* the establishment of Love.

Remember, then, that always forgiveness is essential. It is necessary for the Atonement. Forgiveness is another word for *allowance*. We speak here not of a blind passivity, but of a relinquishment within one's own mind, and that is all. It is a willingness to see the complete neutrality of all events. It is a *willingness* to let the Comforter remind you that separation does not exist, that you cannot possibly make yourself guilty of sin and all the rest. Forgiveness is a relinquishment of what you have decided is true about the world. It is, then, very much a self-centered practice. Of yourself, you cannot forgive your brother or sister for anything because, in Reality, they have done nothing. Forgiveness is forgiveness of one's self for insisting on replacing Reality with your own version of it. (WM 254)

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What Will Allowance Or Forgiveness Really Do?

Allowance is the dissolution of fear. Allowance is transformation. When you have come to allow all things, to trust all things, you will have embraced all things. Only that one who is *larger* than the thing that is embraced can do the embracing. Therefore, whenever you feel imprisoned, it is because you have made yourself *smaller* than the world you perceive. And when you feel free, it is because you have remembered that you are the one from which all things have arisen. *You are* the Son of God. You are the vast sky in which all clouds and storms arise and pass away, while the sky remains unscathed – eternally changeless. *That* is freedom! And the cultivation of freedom is a free-will choice. It is the result of the desire for the Kingdom.

As you come to *truly* forgive yourself for every perception you have ever held about anyone or anything, you will come to discover that it means relinquishing perceptions of yourself as well. For you cannot awaken fully unless you include *yourself* in the circle of your forgiveness. Ultimately, of course, you come to see that the very practice of allowance is really the act of allowing yourself to be truly the Self that you are. You will no longer resist the process of purification, by whatever means the Comforter uses for you. It simply does not matter anymore:

Why resist it? All I want is God!

If it is dissolved in the mind in a split second, and you do not even notice it – fine. If it requires great tears and great experiences in the world – fine. What is the difference? They are really the same. It is because you have relinquished – *through allowing* ownership of your own pathway home. You have decided to let the Comforter *take* you home. (WM 254)

Because you desire the Kingdom above all else, it no longer matters *how* that process is experienced. You no longer complain that it seems to be taking too long. You simply enjoy yourself in the process itself. You let the Comforter take you by the hand and retrace the steps you once made in error. Each step requires allowance, which is forgiveness born of desire that has been purified of desire for that which imprisons. And it is replaced with the desire for that which sets all things free. Once your desire begins and becomes the Kingdom, the end of the journey is perfectly certain. School is out. That which the ego is cannot last. For the very universe, creation, the world around you will conspire – which simply means to breathe together – all things will conspire together under the hand of the Holy Spirit to create *precisely* what you require to be set completely free of all illusion. And secretly, you will have already agreed with the Comforter that it will be this way. (WM 255)

Allowance, then, is equally as important as desire, and is an aspect of that pathway, that foundation, whereby Christ remembers Christ and arises from the ego's ashes to walk upon this plane, and any plane, as the Truth that is True *always*. Remember that it is only the ego that will compare and contrast. It is only the egoic mind that thinks about another's path and wonders if perhaps their path is better than your own path. There is *only* the life that you are directly experiencing. And through desire and allowance, that very life comes to be embraced as the *very means* by which the Comforter is dissolving illusion from your mind. Of course, it is all based on the humility of realizing that the ego cannot awaken itself; that the Comforter is that agency, given by Grace, that knows how to bring you home.

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Simply Do This: Be Still, and Lay Aside All Thoughts Of What You Are and What God Is!

The trick of healing and awakening is to come to see the *neutrality* of all energy, so that you can choose to inform it with the value that the Holy Spirit would give it. Then, time becomes sacred. It becomes eternal. It becomes a tool for Love. Even the body becomes a tool that Love uses to bring about healing. What other purpose could a body hope to have? (WM 280)

You are the one that can experience Love and let your cup overflow. You are the one who can enjoy each and every moment, regardless of the conditions. For the conditions are only the interpretations of the egoic mind. All events are neutral. They are there for you to love that you might experience Love! That is really how simple it is. It has always been that way, and it will never change. You are the lover. The world can be the reflection of your beloved. Let each moment, then, find you in the simple, quiet, inner enjoyment that comes from the decision to Love.

Love the taking out of the garbage. Love the rain that hits the windows. Love the crying of the child. Love, Love, *Love!* Love embraces all things, allows all things, trusts all things, and therefore, transcends all things. That is the power that abides within you when you finally choose to be that One who *knows*. (WM 323)

You are, indeed, entirely sovereign at all times. You and you alone create the thoughts, the beliefs, and the perceptions, that you wish to experience. These then crystallize into the forms of your experience, even into the physical. There is never a time that you see anything that exists outside of you. Everything you see originates within you, since the only thing you can see is the way in which you choose to cloak or drape the mysterious energy of creation. Every neutral event, every moment of arising, is merely energy given to you on a silver platter, given to you freely that you, as consciousness, might choose to have the opportunity to create experience by cloaking that energy that has been presented to you with the perceptions and beliefs that you have chosen for yourself. (WM 404)

You have heard me say unto you many times that only Love is Real. You have heard me say unto you many times that it is not necessary to seek for Love. But it is necessary to seek for what is false.

The secret then, as I have shared with you many times, is to practice seeking first the Kingdom. Never let a day go by in which you fail to ponder the great Mystery of God's presence. Never let a morning go by that you fail to begin your day, except in this way: Surrender all thought of what you know and have believed. Rest in gratitude to the One who has birthed you. Ask only to be revealed for you greater Truth, greater Wisdom, greater capacity to know and extend perfect Love, perfect trust and perfect peace. (WM 405)

Simply do this: Be still, and lay aside all thoughts of what you are and what God is; all concepts you have learned about the world; all images you hold about yourself. Empty your mind of everything it thinks is either true or false, or good or bad, of every thought it judges worthy, and all the ideas of which it is ashamed. Hold onto nothing. Do not bring with you one thought the past has taught, nor one belief you ever learned before from anything. Forget this world, forget this course, and come with wholly empty hands unto your God. (ACIM W L 189)



To enhance the main topic(s), this material came from both *The Way of Mastery* (WM) and *A Course in Miracles* (ACIM).

Page Ref:

WM The Way of Mastery (Pages 97, 99, 100-102, 107-113, 124-127, 213-214, 254-255
280, 323, 404-405)

ACIM A Course in Miracles

T - Text (T99) [T-6.III.2.]

WL - Workbook Lesson Number (189) [W-189.7.]

If a paragraph does not have a page number reference, it is part of the previous paragraph's page number.



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