

Instructions For Teachers Of Enlightenment

The First Step In Awakening

The first step in Awakening is to allow into the mind this axiom of truth:

Nothing that you experience is caused by anything outside of you.
You experience only the effects of your own choice. ¹

During the first part of this course, we will be building lesson by lesson on what I am choosing to call *The Way of the Heart*. It is the way unknown to the world. It is a way unknown to many that would call themselves spiritual teachers. For it is not a way of resting on or becoming dependent on magical means.

It is, rather, that pathway which cultivates within you the decision to turn your attention *upon your own mind*, upon your own behavior, upon what is true and real for you moment to moment. To study it, to consider it, to feel it, to breathe the Light of Spirit through it, and to constantly retrain the mind so that it assumes complete responsibility in each moment.

Why is this necessary? Because without it, there can be no peace. Without it, you cannot transcend the false identifications that you have chosen. You need to come to the point where you say to yourself, "I have done this to myself. I did it; I must correct it. No one is to blame. The world is innocent."

But only – *only* – if every fiber of your beingness is wholly committed to Holiness. You cannot leave a finger outside and get to Heaven. *All* of your mind, *all* of your energy, *all* of your gifts, *all* of your very awareness must become committed to being the Presence of Peace. *This* is what no one can do for you. Sitting at the feet of enlightened teachers will not do it *for* you. ²

The wisest of students are those that hear the word and put it into practice, diligently, *for themselves* – *not* for their mother, not for their father, not for their spouse, not for their brother, not for their sister, not for the sake of the planet, not for the sake of the universe, not for the sake of the new dawn that is coming, not for the sake of anything but themselves. For their Self is what God created. And that Self calls out to you to honor it, by separating your Self from the illusions that you have allowed to make a home in your mind, and becoming wholly committed to teaching only Love.

There is no other way. Yes, you can learn to sit in meditation and allow the mind and body to float free, to relax. Yes, you can learn rituals that help to focus your attention so that you remember what you are committed to, and the distractions of the world do not seem to quite catch you or hook you as much. There are many strategies that you can enjoy and experience. But in the end, it is only this: a quiet choice within that no one recognizes, that no one sees, that no one hears.

This is why I once shouted at the Pharisees, "Oh yes, you indeed get your reward standing on the street corners letting everybody know that you are fasting and praying, when you should go into your own closet to pray." That is, to be in your own privacy, making not a show, but simply using each moment to reaffirm your commitment to learning all that Love is by teaching it. **By the word teach, I mean simply that you choose to express only Love in each moment.**

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Simplicity of Teaching

Whenever you hear of a teacher teaching this or a teacher teaching that, ask yourself this: Do they offer me simplicity or complexity? Do they offer an ordinary peace, or must I have several trappings around me? Do they give me complex meditations and prayers and things to do, or do they simply remind me of the Truth and ask me to rest in it? Will they tell me that I need to go on a thousand pilgrimages? Or do they remind me that when I make my cup of tea in the morning, Heaven is present, if I will remember who is making the tea? Christ is. ³

Be, therefore, not distracted. For in the end of this age, there is coming forth a whole smorgasbord of those who profess to be *teachers of enlightenment* who will guide you into all knowledge. Look carefully, do they demand of you that you follow them? Do they demand of you that you give up your own discernment? ⁴

Or do they ask you to look deeper within? Do they ask you, "What are *you* feeling? What do *you* think? What do *you* want to do? Are *you* willing to accept responsibility for the effect? What do *you* believe? What do *you* want? You are free. I am equal to you. I am just in the role of a temporary guide for you and someday you will be far beyond me."

How do they speak? What do they teach? Is their fear filtering into their words? Do they believe that they must teach you to control the forces of nature, the forces of the mind? Do they teach you to protect yourself against evil? There are many who profess to be teachers of enlightenment, and there will be many more. When you hear these things coming from them, turn and flee from their presence! For you do not need them. You are already beyond them.

For there is given unto you one teacher, that I have called the Comforter, the Holy Spirit, the Voice for God, placed within your mind, in the very moment you first dared to dream the thought of separation, of guilt. And guilt is the mother of fear. ⁵

The Way of Transformation, then, had a beginning and it has an end. "The way of certain knowledge," which will comprise the next part of these lessons, will have a beginning and an end. Rest assured, I say unto you that when "the way of knowledge" has been imparted to you, and we have come into the perfect blending in which *you know* that you walk the plane as awake as I ever did, then the purpose of *The Way of Mastery* and our teaching-learning period will have come to a conclusion. ⁶

This does not mean that I will depart from where you are. But it *does* mean that you will have stepped into the *certainty* that *you are That One*. And what you would seek to gain from me, you will find in the temple of your own Heart. There I will join with you – not as your teacher or savior, but as your friend and equal, as a Co-Creator.

And I will delight in journeying with you. I can join with anyone who chooses to step into their own Christedness. ⁷

I know the way home because I have completed the journey, and I will show you the way. With every word that I utter, my one intent is to reveal to you the place within you that is the presence of Love that you seek. ⁸

And with that, indeed, beloved friends, peace be unto you always by making the decision to choose to receive peace as a Christ. Herein lies the secret of much of what will be coming in what you call your future months. For that which I specifically seek to do in this specific work, that you know and call as *Shanti Christo*, is the birthing of a multitude of Christs that dwell upon your planet Earth at the same time. It has never been done before! ⁹

You will be free, then, because you will no longer be *seeking* knowledge from me. You will be *extending Love* from the soul of your own beingness. And you will be free to invite me as a friend to join with you in your creations. That is an invitation that I will gladly accept! For *the only purpose of creation is to extend Love*. ⁶

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Only The Reality Of Love Can Exist

What, then, is required for true knowledge to exist? What is indeed required to abide in *The Way of Knowing*? To *fully* accept that: Not one trace of your seeking has ever brought you closer to Reality. Not one modality has ever held the power to bring you closer to God. And that *never* could it have ever been truly possible for you to make progress toward the consciousness of God. For all the while, you have been the One you are seeking, *pretending* to be a seeker. ¹⁰

Have you suffered because God has chosen it? Not at all, for in truth – and please listen *carefully* – *suffering does not exist. Only the Reality of Love can exist*. You are that One with the *power* to be awakened to your true nature – right here, right now! Indeed, only when you have given up attachment to the modalities, the meditations, the prayers, the theologies, the textbooks, only when *you* have given up attachment to all form and merely make the decision to abide in the simple knowledge that you are that One, ***only then does knowledge permeate your awareness***.

Your mind is a mind that *has* been healed. You do not need to heal it. You only need to accept that healing has been accomplished by the Grace of that Love that birthed you to Create. That is what I meant when I have said a teacher of God need only accept the Atonement for himself or herself: *I am already healed. Time to get on with it!* ¹¹

Everyone Reading These Words Has, Indeed, Heard The Word

In the beginning, the Mind – which is me, which is God, pretending to be separate – plays itself out and tries to make itself be as separate as it thinks it can be. But separation *never* succeeds. The first step in the Awakening process is to *hear the word*. You will hear the word when you decide, as God, to have the experience of being a being Awakening to the Truth. ¹²

Everyone reading these words has, indeed, heard the word. And the word will be given unto you in a form that you choose. Everyone reading this *The Way of Mastery* chose to hear the word through me, as Jeshua ben Joseph.

That vibration received by you set you on your course toward perfect remembrance and enlightenment. You are the One that created the drama of the crucifixion. You are the One that set in motion the return of Jeshua ben Joseph as the primary teacher in this world. Why? Because you are that One that has decreed that it is this context in which you will give yourself permission to edge ever closer to the Reality that the whole thing is God, and *you are That*.

As you come, then, to accept a savior or a teacher or a teaching, that is a stage in the Awakening process. And when you decide to release your grip of fear a little deeper, you begin to have what are called mystical experiences. You begin to realize that you can be aware of someone else, not in the room with you physically. You begin to have unique and extraordinary experiences of communicating with beings that do not have bodies. And oh, my goodness, it all looks to be so incredible! Yet, even that is but a stage of the journey.

As the mind becomes more and more transparent to itself, the more it is simply choosing to release illusion and abide in Reality. It *must come* to the door of the temple of Heaven. It must open that door, which is to release any final sense of being outside the sanctuary of Truth.

It must come to bask in the Light that flows from the Source and essence of *All That Is*. The separate seeker, the one who would know God, realizes that they already know God perfectly. And that they have indeed been God, seeking God, for the enjoyment of finding and knowing God again.

Peace be with you always. Amen.

~ Jeshua

The Way of Mastery Page References

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- 1 (WM 5) {WMe 5}
- 2 (WM 127) {WMe 134}
- 3 (WM 128) {WMe 136}
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- 6 (WM 285) {WMe 303}
- 7 (WM 55){WMe 57}
- 8 (WM 91) {WMe 96}
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