

I Will Show You The Way!

With ACIM

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I Will Show You The Way!

Fearlessness is the primary characteristic of mastery. Mastery is not having great power to make things happen. It is only the recognition that what is True is true always and there *is* no other choice. Free will does not mean that you have the right to believe that you can succeed at being other than what God created you to be. Having free will does not mean that you can elect *not* to take the only curriculum that life is offering to you in every moment. It means only that you *do* have the right to put it off yet another day. And each time you put it off, you slumber in your suffering. (WM 73)

This is a course in miracles. It is a required course. Only the time you take it is voluntary. Free will does not mean that you can establish the curriculum. It means only that you can elect what you want to take at a given time. The course does not aim at teaching the meaning of Love, for that is beyond what can be taught. It does aim, however, at removing the blocks to the awareness of Love's presence, which is your natural inheritance. The opposite of Love is fear, but what is all-encompassing can have no opposite. This course can therefore be summed up very simply in this way: **Nothing Real can be threatened. Nothing unreal exists.** Herein lies the peace of God. (ACIM Intro)

When you elect to take the only curriculum that matters, when you elect to use the power of your free will to say: Now, from this moment on, I will no longer tolerate error in myself. No more games, no more dreams. I am committed to being *only* the presence of Love, for that is the Truth of who I am.

It matters not the opinions of others who are yet resisting that decision. Then, indeed, all things under Heaven and Earth move to support you, to guide you to the right person, the right place, the right book, the right sunrise, the right meadow in order to assist you in dropping the shackles of the obstacles to the presence of Love that you have created as an idol and as a substitute for Love.

As peace extends from deep inside yourself to embrace all the Sonship and give it rest, it will encounter many obstacles. Some of them you will try to impose. Others will seem to arise from elsewhere; from your brothers, and from various aspects of the world outside. Yet peace will gently cover them, extending past completely unencumbered. . . . And you will carry its message of love and safety and freedom to everyone who draws nigh unto your temple, where healing waits for him. You will not wait to give him this, for you will call to him and he will answer you, recognizing in your call the Call for God. (ACIM T 406) [T-19.IV.1]

That is why when you truly pray from the depth of your soul, "God, bring me home," you may rest assured, from that moment on it is fine to *trust* every little thing that unfolds. For though you see it not, what you call angels – friends that simply do not have bodies – are rushing about because you have given the command: Yes, I accept your presence in my life. I turn the whole thing over. Now, each moment is dedicated to healing and awakening the illusory sense of separation from God that once I created in error.

Choose To Remember The Truth That Is True Always!

All you need is Love. Love fulfills all things. Love embraces all things. Love heals all things. Love transforms all things. Therefore, remember well: you, and only you, can become the cause of your fulfillment, your peace, and your completion of time. This requires that you do nothing save remember to establish the connection with your Creator. (WM 75)

Is it not true that what you desire most of all is Love? Is it not true that you hope that each relationship – no matter how short, no matter what its form – that each journey, that each undertaking will allow you the experience of peace? Is it not true that you, who find yourselves in and as a body temporarily in time, is it not true that the grandest of experiences you have known have been those that seem to flood the very cells of the body with Love, with a sublime bliss and a peace? Accept that Truth, that what you desire beyond all things is the living experience of Love.

Then remember this: Nothing you do can bring Love to you. Nothing you do can keep Love for yourself in a form of your choosing. Nothing you do – *nothing you do* – can make Love appear in the form of your insistence.

Release the drama, release the dream, and *choose to remember the Truth that is true always*. Return to the Kingdom within, even prior to every breath. Remind yourself and say to your Creator: I want only that which is True always. Love is what I want. Love is what You are. Love is what I receive. Love is who I am. I and my Father are One. (WM 76)

Here and here alone do you discover what you seek. Then, you become free to walk this Earth, to be in the world, but not of it at all. And though your friends will look upon you and still see a man or a woman who *seems* to act much like them, yet though they see it not, Christ dwells with them. Something in them keeps attracting them to you. They are not sure what it is. Is it the shape of your body or the radiance of your eyes? It is *not* these things. They *feel* the quality of *Love*.

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Is it possible to change the vibrational frequency of the physical body?

Beloved friends, come to understand at this stage of our journey together the True immensity of who you are and what you are. Understand that you are not so much dealing with "things" in the world as you are dealing with patterns of energy that reflect in some way what is already occurring in *your* consciousness. (WM 212)

If you are experiencing things in the third dimensional plane, it can mean only that *you* have chosen to vibrate at a certain frequency. Or otherwise, you could not have the experience. You could not have the experience of running into a wall with your body unless you were vibrating at the same rate as the wall.

Is it possible to change the vibrational frequency of the physical body? Listen very carefully. I am going to say something rather unique. No, it is only possible to change the vibrational frequency of your *consciousness*, out of which the body has emerged.

This requires a turning about in the seat of the soul, a changing of the momentum of consciousness – not outward, but *inward*. Not as an *escape* from the world – it is not something you have to do all day, everyday. But you spend time in prayer and meditation. You spend time in forgiveness. You spend time breathing and relaxing. (WM 213)

Each day should be devoted to miracles. The purpose of time is to enable you to learn how to use time constructively. It is thus a teaching device and a means to an end. Time will cease when it is no longer useful in facilitating learning. (ACIM T 4) [T-1.1.15.]

You begin to *allow* changes to occur in the choices you are making, so that they come more into alignment with your growing understanding of yourself as a creator, as a soul. You begin to change your environment. You paint the color of the walls of your bedroom a different color, that which brings a sense of pleasantness to you. You change your physical environment completely by moving into a different apartment. Many of you know perfectly well that often it means the changing of relationships. And initially, this does make sense.

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When Should We Change Relationships?

There is a point in which you realize that you could keep changing relationships ad nauseam and never get anywhere. You realize that now it is time to settle down, be with the one you are with – or the ones you are with – and yet utilize your time with them to discover what patterns have been running you. It is time for Self awareness – turning the momentum of the mind back toward the Self. Time to ask yourself, "Why do I think what I think? Why did I see what I saw? Why did I react the way that I reacted?"

Eventually, the soul that is *truly committed* to awakening does not flee uncomfortable situations until it believes it has fully extracted all the wisdom that it can. There is a way of knowing when that occurs. In short, when there is just a quiet sense of peace, and you can look upon the players in the experiences you have just had with perfect equanimity and see them as perfectly innocent, and you detect that there is nothing in the body that is not at peace – the heart is not racing, the shoulders are not tight – you truly understand that you are not in fear, then it is time to move on.

If there is reactivity in the mind because of anything that emerges in your relationship with your brothers or sisters, rest assured, the lesson is not complete. If your "principles" have been "violated," rest assured, there is much to be learned.

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Forgiveness, When Completed, *Is The Establishment Of Love!*

Remember always that all events are *neutral*. In large measure, the process of awakening is a process whereby you dissolve the value you have placed upon certain ideas and perceptions of what life is and what life is for. Yes, there are times you will be troubled, as you come to realize that what you *thought* the world was for, and everything you have been putting your energy into, means *nothing*. Often, this precipitates a period of what has been called by certain mystics the "dark night of the soul." It is really not the dark night of the soul. It is the dark night of the ego, and the *healing* of the soul.

The Way of Transformation requires utmost personal responsibility, utmost personal dedication. No one can do it for you. And the patterns you feel weighed down by, the fears that are yet within the mind will remain with you for all of eternity – until *you* decide to *heal* them. From that desire, you will attract the situations, the teachers, the books, and the experiences that provide for you the opportunity to do so.

There is an acceleration of the healing process *only* when you completely release any valuation on victimhood, that is, the belief that, "Somehow, in some way, someone or something has done something to me." (WM 214)

Now, that is a simple thought to hear, and one can nod their head. It is another thing to look *honestly* upon your reactions in life to make sure that you are not, at any time, perceiving yourself as a victim. The practice of extending Love can often teach you that this is so. When you take a situation that pushes your buttons, and you decide to not flee, but stay, this teaches you the Truth of your Reality.

This is why the practice of forgiveness is so extraordinarily valuable. In fact, you could say that, ultimately, the practice of forgiveness is the whole of spirituality. Why? Because forgiveness means to let the world off the hook, to step out of any sense of victim consciousness, and then even beyond that, to *forgive one's self* for the perceptions they have made in error – perceptions of one's brothers and sisters, of the world, and of God.

Ultimately, forgiveness is forgiveness of one's self for ever allowing delusion to settle into one's own mind, whereby one perceived one's self as separate from God, separate from brothers and sisters, capable of being victimized. *Forgiveness, when completed, is the establishment of Love.*

Creation, then, waits on your welcome. That requires that you choose to look upon all things in the world and of the world, and forgive it. Why? Until forgiveness is genuine, embracing is not possible. (WM 219)

That is why we have spoken so much about the importance of forgiveness. It dissolves the barrier of fear between you and what you have come to perceive as other than, or outside, yourself. Forgiveness is the *bridge* that brings creation to you and you to it. And when you have joined with it through forgiveness, now the embrace is easy, for that creation rests in the palm of your hand.

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"I Will Love Myself Enough To Heal My Separation From God!"

You will finally look heavenward and say:

"Father, let's get on with it. Enough time has been wasted. It's gone, its fine, it doesn't matter. *Now!* I am committed to Love. Bring on whatever I *must* experience to bring up from the depth – the places where I've hidden it within me – every obstacle that must yet be dissolved by the light of the Grace of perfect Love. (WM 80)

"I will do whatever I can, from my side of the fence, to open up those places, to *feel* those places, to *embrace* those places, to *love* those places, to *claim* those places as wholly self-created. I will let my parents off the hook. I will let my siblings off the hook. I will let my great, great, great, great, great, great grandfather off the hook. I will let Adam and Eve off the hook. I will let the government off the hook. *And I will love myself enough to heal my separation from God.*

"I will be humble enough to recognize that if I'm having an experience – because I know I have made the commitment to healing – then you have indeed, precious Father, brought me all good things. For this moment of experience can be seen through eyes that recognize that it is but a stepping stone to the perfect peace that I seek.

"My life is no longer mine, for I know not how to correct that one fundamental error. But I *can* surrender into *feeling* each moment fully while *choosing* Love anyway. And Love will dissolve the pain that I have carried all because I insisted on trying to separate myself from the Source of my being. This little gnat of mine is being put to rest. For the only thing that can shine is Christ."

For Christ – the sons and daughters of God, the offspring of God – is God's *only* creation. The rest of it is attributed to *you*. Even space and time is yours. Your Creator's only creation is *you*, the Truth of you. For you are Love, and God creates only that which is like unto Himself. And God is *only* Love.

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Only At The Level Of Genuine *Feeling* Can You Know The Presence Of God!

It is *only* through feeling that you truly awaken. Concepts and ideas can begin to direct the mind to believe that there is something out there that is attractive that might even be better than what you have been doing before. But concepts and ideas do not, in themselves, open the door. They are symbols, and that is all. A symbol cannot quench your thirst. It is *only at the level of genuine feeling that you can once again know the presence of God* who dwells within you, around you and through you, even now.

Feel what you have created as a substitute for the Truth. Own it, look upon it, and then let it go. Learn that regardless of what choice you may have made in the past, once you have embraced it, once you have felt it, you remain perfectly innocent and imbued with the power to choose again to *feel*, to learn once again to *feel* the glorious warmth that permeates the Kingdom of Heaven.

Nothing you do with time can match the importance of what we have shared. Nothing you do in the field of time holds a candle to the incredible gift that is waiting for you. Therefore, use time constructively by deciding to love, that Love may teach you of Itself. Indeed, beloved and Holy friends, when you have done this, you will find yourself translated into a form that could never possibly be contained by the space and volume of a physical body.

Miracles transcend the body. They are sudden shifts into invisibility, away from the bodily level. That is why they heal. (ACIM T 4) [T-1.1.17.]

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Become The Living Embodiment Of Love!

You will look upon this entire dimension as a mere temporary learning device. You will set it aside, as a child sets aside a toy that has been outgrown. But you will do it with deep appreciation and love for the toy that you have played with for so long. You will carry with you a deep sense of gratitude for everything this physical dimension has brought to you.

There will be not a molecule of beingness within you that will feel any resentment, any longing, any anger, or any remorse for anything. All of your experience will have become wholly acceptable to you. For it was by such experience that you were finally driven to want *only* the Truth.

From this day forward you will never again be able to truly convince yourself that all of your attempts to stay distracted or conformed to the world are really accomplishing a thing. You will find that your mind begins to penetrate the unconscious habits you have created in an attempt to hide from what must yet be felt. You will know perfectly well when you are simply deluding yourself. You will start to smile and say, "Oh, yes, there I go again. Might as well set that aside. And plant my feet firmly on the ground and, indeed, live with passion from the Truth of the Kingdom of Heaven!" (WM 82)

In *The Way of the Heart*, we speak ever more directly and even more forcefully to you. For the time comes quickly when this planet will not be willing to tolerate untidy house guests that are not willing to vibrate at the frequency of being toward which the planet herself is preparing to move.

Rather, *become the living embodiment of Love* and journey with your Holy Mother into an entirely new dimension of being. And never forget to sing, laugh, dance and play along the way!

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The Point Where Miracles Occur!

When you know that you are Holiness itself, how could you ever look upon your brother or sister and believe that they have wronged you? How could you ever want to do anything but Love them? That is, let the Love of Christ flow through you so deeply and so profoundly that they get that you do not believe their illusion. (WM 86)

When you give unto another that which *alone* is True, because all minds *are* joined, you have offered unto them the only gift that holds value. When you give another the Truth perhaps even without saying a word – because all minds are joined they recognize what has been offered and say to themselves, "The one before me knows the Truth of me and is looking right through everyone of my attempts to be less than who I am. Therefore, I see that it's safe to choose again." That is when miracles occur.

Miracles are teaching devices for demonstrating it is as blessed to give as to receive. They simultaneously increase the strength of the giver and supply strength to the receiver. A miracle is a service. It is the maximal service you can render to another. It is a way of loving your neighbor as yourself. You recognize your own and your neighbor's worth simultaneously. (ACIM T 4) [T-1.1.16. & 18.]

The Way of Transformation is that way in which one becomes empowered, in every moment, to become fully responsible for clearly deciding what they will see and that they will not settle for anything less. The better you get at this, the quicker it happens. Until one reaches *the point where miracles occur*. (WM 147)

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May Christ, Alone, Inform Each Thought and Each Breath and Each Choice!

The story is over. The dream of separation is ending. The whole of creation is now experiencing a growing power, a movement, and a momentum that must carry the mind, from which creation springs, to a new level. It is not so much an evolutionary level as a level of re-cognition, a level of re-membrance, a level of re-turning. (WM 85)

That wave of momentum is alive and has already arisen within your Heart and mind. You know it. Stop denying it. Stop questioning it. Stop looking for signs from the world around you that it is all right to feel it. (WM 86)

Accept it as a divine gift from your Creator. For the call has gone out. Though many listen, few hear, and fewer still become wholly devoted to responding. Therefore, let your prayer be always: *May Christ, alone, dwell within and as this creation that I once thought was myself. May Christ, alone, inform each thought and each breath and each choice.* May Love direct each step. May Love transform this journey through time, that in time, I might truly know the Reality of eternity, the sanctity of peace, the holiness – the Holiness – of intimacy, and the Joy of the Father's Love, prior to every breath and, indeed, even prior to every thought that arises within the mind.

Only Love Can Heal This World!

Do not strive to heal this world. Do not do anything to make a show of how much you love another. Give up the concept of being a busy bee. Simply *be* the presence of Love, because you *know* that there is absolutely no value in being anything else. And that, in Truth, you have never succeeded at being anything but the presence of Love.

Each sane moment that you have experienced, each moment of unlimitedness, each moment of genuine intimacy, each moment of Grace-filled Joy that you have ever known, in whatever form it seems to appear, has come because you have allowed your mind to slip into the sea of peace. There you have merely abided, empty, wanting nothing, seeking nothing, being merely the presence of what you are.

When that quality becomes cultivated so that it permeates your consciousness with each breath and with each moment, you will know that Christ has, indeed, arisen this day. And you will celebrate with each breath. (WM 87)

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I will show you the way to the Truth that is true always and sets you free!

Judgment is the opposite of forgiveness. It lives on the side of the fence with fear. Forgiveness lives on the side of the fence with Love, and only Love can heal this world. Imagine, then, living in a state of being in which literally nothing was unacceptable to you because you knew that the Source of your True being was far beyond the limitations of anything created in space and time. That not even death, which has been created out of the contraction known as fear, is unacceptable. (WM 90)

I say unto you: If you will choose to trust me, I will show you the way to peace. I will wait for your reply as I can do nothing to take from you the freedom required to become wholly committed to allowing Christ to be birthed where once a useless illusion reigned. I will show you how to become the being out of which all of creation is arising so that you will know the Truth that sets you free.

Understand well: There is no one and there shall not at any time be anyone who reads these words to whom I have not given this promise unto. *I will show you the way to the Truth that is true always and sets you free.*

But only you can make the decision to bring the whole of your being to that journey. And all it requires is what you call a smidgen of willingness. A smidgen of willingness is all it takes. I know the way home because I have completed the journey, and I will show you the way. With every word that I utter, my one intent is to reveal to you the place within you that is the presence of Love that you seek. (WM 91)

What if you chose to actually commit yourself to considering what I am sharing, and return to the innocence of a child, as you contemplated what it would mean in your life? Rest assured, when the journey *to* the Kingdom is completed, the journey *within* it begins anew. The bliss, the wisdom, the creativity, the laughter, the friendships, the family, the joy, the serenity, and the peace – that have been, for the most part, seen as an impossible dream – will become your most ordinary state of being. Yet, none of it can occur through any power that can move through *me*.

I can guide you. I can show you the way. And I can walk beside you on the way that you have chosen. At times, I can give you my strength until yours is as certain as mine, by carrying you. But ultimately, you must *demand* that I put you down so that *your* feet touch the soil of the Kingdom of Heaven and *you* walk, under *your* strength, under *your* certainty, beside me.

You will indeed find in that day and hour that as often as you ask it of me, I will ask you, "How do you think we could do this? What would you like to create with me?" And then, indeed, we are as brother and brother, sister and brother, friends, dancing and playing in the Kingdom prepared for us of our Father.

For the ultimate state of consciousness is not an aversion of this world, but the *embracing* of this world. There is no greater sense of freedom than to be able to abide where you are as one who is free. (WM 216)



To enhance the main topics, this material came from both *The Way of Mastery* and *A Course in Miracles*.

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WM P 73, 75-76, 80-82, 85-87, 90-91, 147, 212-214, 216 & 219

A Course In Miracles (ACIM)

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If a paragraph does not have a page number reference, it is part of the previous paragraph's page number.



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