# I Can Promise You – Joyfully – The End Of Your Journey Is Certain!

## Index

	Pa	age
I Can Promise You – Joyfully – The End Of Your Journey Is Certain!		<u> </u>
Hand Over To The Holy Spirit What You Have Not Yet Embraced!	,	2
Herein Lies The Purpose Of Faith!		3
Embrace The Very Process Of Ensuring That No Trace Of Illusion Remains Within You!	•	4
Healing The Whole Of Your Past!	•	4
Healing Is The Mastery Of Allowing!	•	5
"Patience Is To Make Power Slowly!"		5
Learn To Love Your Self!		6
Imagine Being God – Pure, Unconditional, Radiant Love!	•	6
Simply Decide Whether It Is Going To Stay Or Be Dissolved!	•	7
You Are Free To Decide What Your Tomorrows Will Be!	•	8
I Remain In Our Shared Heart, Patiently Waiting For Your Return!	•	8

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## I Can Promise You – Joyfully – The End Of Your Journey Is Certain!

The message that I would bring you is this: fear not healing. Yes, it feels like change, and thank God for that. Because if there has been depression, there have been old wounds from which you have been acting out and acting out, as it is called in your language. Is it not time to release it? If you would indeed be the arisen Christ, then truly have the courage to throw open the cells of the body. (JT-H)

Now, how to you do that? *You* don't. But abiding in faith and asking of the Holy Spirit for the help you need, indeed helpers will come because they have been assigned to you. And it will not be by accident that certain ones would come into your life, and in Truth if you are desirous of healing, be vigilant to see who it is that comes into your life. And understand that they are sent to you because you have asked of the one Teacher whose guidance never errs for healing and for completion.

Therefore, when you understand in the mind, in the Heart, the Truth of who you are, *that* becomes the very foundation and the strength and the faith to *allow* the Holy Spirit to completely remake even the cells of the body. Notice that I said the cells of "the" body, not the cells of your body, because the arisen Christ knows he is not the body and does not possess it, that he does not begin where the body starts and he will not end when the body is returned to this Earth. He knows that the body is given of the Holy Mother for nothing save the extension of the unconditional Love of God.

And from that foundation you will find your strength to *allow* the complete and radical transformation of every aspect of your being: it is called the personality, which is just a mask made up of fear that can be translated into a vehicle of communication, the emotional body, which is the core where you have held all of those ancient wounds, and even the cells of the body. Therefore, your Kingdom shall be made new again.

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#### Hand Over To The Holy Spirit What You Have Not Yet Embraced!

Precious friends, fear not the complete healing of every trace of illusion that you have harbored within your being. And if it feels like death, then embrace it. It is the *only* death that truly counts, you see. What then, prolongs the process of healing? Resistance to it, born out of the chronic holding on to nothing more than illusions. And when illusions have truly been laid down, the body will arise, the emotions will arise, the mind, the personality will arise but will be made new. The dreamer will have been laid to rest and the arisen Christ will finally live through you.

And I ask you to join with me in the willingness to *allow* that healing to occur: to embrace your laughter and to embrace your tears and to embrace every opportunity to let go of the shadows that bind you. How, then, can you ask the Holy Spirit to heal you if there are dark corners which you have refused to look at, or how can you *hand to the Holy Spirit what you have not yet embraced*?

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#### Herein Lies The Purpose Of Faith!

Illusions remain powerful when you refuse to acknowledge them. And many yet hold the fear, "What will happen if I truly look my illusions squarely in the eye and acknowledge that, by God, they have been controlling me? Will they be the demons that master me?"

#### *Herein lies the purpose of faith:*

To *know* that you are the arisen Christ, that you abide in perfect union with God in the Real world, and that you are given and sent to translate this unreal world of illusions and insanity into the Real world. And you do it by acknowledging that yes, you have been living there all along and it is time to heal it.

Healing really does not take effort. It takes allowing. Allowing, allowing, allowing, allowing! Every day and with every breath so that your illusion – this unreal world – becomes translated and becomes the perfect reflection of the Real world. And it can be painless when your perception changes, that healing is not frightful, that it is *okay* to cry in front of a friend. It is okay to pick up the phone and say, "Lordy, do I need you tonight."

It's okay to say, "There is something going on that I don't understand, but I am not going to constrict. I am going to throw the body open. And if I convulse and if I vomit and if I cry and if I scream, *who cares*. It's just the release of old shadows that have no place in the body and the mind and the emotions of the only begotten child of God."

Desire, Intention, Allowance – *Allowance*. Oh, indeed, beloved friends, and there are many of you that have come to taste the truth of what I am to say, Allowance is the greatest of keys to the Kingdom. For Allowance requires a rescinding – slowly, patiently at times, painfully at times – a rescinding of every perception you have ever held of everyone and everything. It is the descent into complete recognition of your ignorance, a complete recognition of your joy-filled dependence on the corrective Power of the Holy Spirit.<sup>1</sup>

Allowance is the greatest of keys to the Kingdom. This requires cultivation *in time*. And when there has been the desire for healing and awakening, rest assured that already your Father, through the Holy Spirit, is working to reshape every moment of your experience – *every single moment* – so that the correct teachers, the correct lessons, the correct books, even the correct weather, can come to force you to look at your edges of unhappiness, your edges of judgment, your edges of insecurity, your edges of fear-based definitions of what Love is, what it should look like, and what its effects should be.

In other words, the entire world that you have made in error must be brought to the surface of the mind for correction.

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#### Embrace The Very Process Of Ensuring That No Trace Of Illusion Remains Within You!

It is well and good to recite certain words, "I am the arisen Christ. I live in joy and I live in Light." But if you have not looked to be sure that you have embraced *every* shadow, it remains in the realm of a thought and it has not yet manifested as your living reality. (JT - H)

That is why so many become frustrated. They do all the metaphysical games. They even say, "Jeshua said I am the arisen Christ. Therefore, ah, I can avoid the process of healing." If you are the arisen Christ – and I assure you that you are – you will want to *embrace the very process of ensuring that no trace of illusion remains within you*. You will not deceive yourself. You will not lie to yourself. And when those shadows are made to be present to your consciousness, you will give thanks to the Holy Spirit and to the brothers and sisters that have thrown them into your face, because they are messengers of God. They are saying, "Here, look at this, so that you can embrace it and release it."

Fear not shadows, because you are made of Light. A Light so powerful that it can dissolve shadows in the instant you *truly* choose to embrace them and acknowledge them. That is how Powerful each of you truly are. And the day comes when you no longer need helpers to dissolve those shadows, because with their help you have learned it's safe to embrace them, that they hold no power of mastery over you.

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#### Healing The Whole Of Your Past!

God has created you as a Thought of perfect Love in form. And when you choose to manifest that Reality, do you think He sits by idly and goes, "Well, I don't know if you are really worthy of what I can bring to you"? It is just the opposite. You are the one to whom the universe is given. *You*, you are the beloved of God. Therefore, when you know you need help, reach out for it. To do so is an act of power. It says that you understand your worth and you will do anything to let Christ be born in you.

The time comes quickly upon this Earth when you are going to need to have made sure that you feel every wound and every false perception. And the wounds can only be healed to the degree that you are willing to open up and *allow* that healing. Not to use the power of the mind to deceive yourself, but to understand the Truth of the long journey you have been making, because it's been very complex. You are never going to really be able to look back and pinpoint the moments when a certain perception started. It is not really necessary, but you will at times be able to access certain memories that exhibit the power of that false perception. And as those moments are healed, you have healed all of them.

And isn't that a lucky thing? It would be a rather long journey if you had to heal every moment in which you let a false perception lead you astray. But in each of those moments, they are really all the same, so to heal one is to heal them all.

And whether healing comes because one taps into a past life or healing comes because they have realized that yesterday they exhibited something that was not loving and they bring the Light of the Spirit to it because they have embraced it, the healing is the same, *and they have healed the whole of their past*.

Healing Is The Mastery Of Allowing!

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It is not necessary to hold the belief in reincarnation and it is not necessary to go forth a thousand lifetimes backward to find what needs to be healed. Because if it needs to be healed, it is with you *right* where you are. Learn to look upon all of your thoughts and all of your actions and all of your dreams and all of your perceptions and ask of yourself, "Is this truly the Will of God? Or is there a trace of fear in it? Is there a trace of limitation? Is this something that I've seen cropping up, over and over again?" If it crops up over and over, you *know* it is in need of healing.

Healing has been grossly misunderstood. It's really not the fixing of anything, because to do that assumes that it is already real and that there is someone who can fix it. *Healing is the mastery of allowing*. Healing is the mastery of allowing: to allow all things so that they can be embraced and loved and thereby transcended. Never use the mind to minimize your behavior, your thoughts. Never use the mind to do that, because to do that you will only ensure that you will repeat that perception, that behavior, ad nauseam.

You are worthy of the depth of your healing. You are worthy of seeing that in Truth the journey has already been completed, and your Father is just waiting for you to *truly* throw open the shutters and *allow* the fullness of the power of Christ to be lived through you. And that is fearful to the small little shadow you have been clinging to.

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#### "Patience Is To Make Power Slowly!"

You have heard it said in your world that many fear failure. The fear of failure ensures it. But a far greater fear is the fear of success. And in this term, in the use of this term, I am not referring about success in worldly terms. I am talking about the success of living as Christ, wholly, without obstacle or block. It is that fear that leads you to hold on to the small powerless, weak and insane shadow that you have believed yourself to be since before time began. It takes courage to release that. It takes courage to ask for help.

Indeed, be patient. As I have learned from the lips of a very holy teacher that I worked with when I was a child. Some of you are aware of this one who is named in certain ancient scripts, called *the Teacher of Righteousness*. *The Teacher of Righteousness* was never born of a woman but manifested a physical form to *serve* as a teacher. And one thing he said to me always remained with me. He said, "Jeshua ben Joseph, *patience is to make power slowly*." So don't be impatient. You are worth the best you can offer yourself. Therefore, be patient with yourself. Now, on your way, yes, you've decided to whip yourself.

When you notice you are whipping yourself, go, "Ahh yes, there I am whipping myself. That's a beautiful one." And then embrace it and love it and it will fade away because the Holy Spirit will come as the thief and will steal that cobweb from you. And you won't even notice it until you look back and it will have been a week or two or three, six months or a year, and you will say, "Gosh, I haven't really whipped myself since... I can't even remember when. Where did it go?" A little miracle and it is wonderful. Remember always that patience does indeed mean *"to make power slowly*."

Desire in the Heart is where you will discover the phone line that links you to the Will of God that would be expressed through you. And if you don't trust desire, you are literally saying that you have decided not to trust your Creator. Hmm – not something to just be brushed aside.<sup>2</sup>

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#### Learn To Love Your Self!

Love one another as I have loved you. For the Father has first loved me that I might show you the Truth of what Love is and the Reality of your Beingness. I will not cease in doing this, regardless of how long you choose to tarry. For Love is, indeed, patient and kind. Love is not deluded, and Love does not allow delusion. Love embraces all things, trusts all things, allows all things and knows perfectly well where it's going, and never ceases in that journey until every blade of grass is released from casting shadows and the whole of Creation is returned to the Heart of God.

*Learn to Love your Self* and cry out to this world:

"I and my Father are one! That is the soil from which I move and live and have my Being. So be it!"

Always remember that the Father looked upon His only Creation and said, "*Behold, it is very good!*" That goodness has a name and it's your name and your na

Before you stands the doorway. Will you open it through the power of your choice? For what you experience will reveal to you what choice you have made this day.

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### Imagine Being God – Pure, Unconditional, Radiant Love!

What I call you to in this hour is this: to be willing to allow the pebble to be dropped into your field, or pool of awareness, that carries the energy of the thought:

From this moment forward, I elect to birth a *Christ,* and thereby learn what Christ is!<sup>4</sup>

And your experience becomes the unfolding learning of what Christ is. When that learning completes itself, you will discover that what you have learned is what you are created to be, and you have returned full circle. The prodigal son, journeying through the field of all possibilities, has returned as the Awakened Christ, and has taken up his or her rightful place at the right hand of the Creator.

What does all that symbology mean? It just means you finally think only with your right-mindedness. You think as God thinks, and God thinks lovingly. God thinks infinitely, timelessly, patiently, certainly, and above all, God thinks *play-fully* – full of play!

When you feel, welling up within you, such Love and such joy that you can hardly contain it, don't you start dancing and moving the body about, going, "Oh, my gosh! What am I going to do about all this energy?" And you call your friends and say, "Let's have a party, let's go to a movie, let's create a delicious feast. Who could I write a letter to? Oh, who could I send flowers to?" Don't you become caught up in the desire to let some energy expand out of you, to touch all parts of your creation?

*Well, imagine being God – infinite, vast, without a top or bottom or a left or a right, filled with nothing but pure, unconditional, radiant Love!* Can you imagine being able to contain yourself and say, "Oh, well, I think I'll just sit here in this and not let anybody notice it"? No! God said, "Let there be Light!" And it was very good! And He looked upon all of Creation that He brought into existence in one split second and said:

"Lo, it is very good! And My Joy and My Love and My Aliveness has poured forth and overflowed My Grand Being and brought forth into manifest creation -you."

*You* – each and every you of you – made of the very substance of that overwhelming Love and playfulness, the *power* to create infinitely, and thereby to extend Creation Itself! That is who you are! And that is where you find yourself, *now*, and now forever. And you will never escape it.

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### Simply Decide Whether It Is Going To Stay Or Be Dissolved!

Mastery comes when fear has been completely dissolved. And fear is dissolved, not by fearing it, not by hating it, not by judging it, but by being looked upon with perfect innocence. Embraced in the same way that as a scientist would watch the ripples of a little pebble that's been dropped into a pool of water to see how they've created other ripples and other temporary disturbances in the field or the surface of the water.

As you look within and notice the things you've become afraid of, and how fear has constricted your creativity, your joy, your playfulness, and your unlimitedness, you merely look with innocence and wonder and say, "Oh, I see how that ripple has affected the creation that I call my life. Hmm? Do I like it? Not any more. Good! I think I'll be rid of that. What can I replace it with?"

Mastery is a state in which you have embraced yourself as a ceaseless creator and assumed complete responsibility for everything which comes into the field of your awareness *without judging it*, so that you can *simply decide whether it's going to stay or be dissolved* in its effects. Mastery *is* fear-lessness, no longer fearing the infinite, creative power of your Perfect Union with God. "I and my Father are One!" is one expression of Mastery.

If I, who uttered those words once so long ago in your experience of time, can demonstrate to anyone who will look, that consciousness transcends the limited beliefs about the body and life and death that the world seems so determined to defend at all costs – if I can demonstrate that only Love is Real, if I can demonstrate the power to communicate with minds across Creation, if I can bring forth creations by joining with other minds who may temporarily think they are just a body, such that written words fall upon a page and the page becomes part of a book that becomes part of something sitting on your shelf, such that your Heart is touched at just the right time – if I can do these things, so, too, can you. And indeed, greater things than these shall you do!

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#### You Are Free To Decide What Your Tomorrows Will Be!

Beloved friends, is it not time to assume complete responsibility for the grand freedom that has been imparted to you by *Abba, Father, Creator, Source* of your being? Is it not time to begin spending time disengaging from your entangled view that holds you to believe that what you feel and what you think is the *effect* of all of the energies and things that are coming *at* you, from around you, and begin to use time to decide which pebbles you will drop into the field of your awareness consistently, day by day, hour by hour, and even breath by breath?

For these things create your tomorrows, and you cannot ever escape the Reality that you are and always will be in the process of creating your tomorrows. Death will never separate you from it. Denial does not change it.<sup>6</sup>

And you are free to decide what your tomorrows will be through the act of seeking first the Kingdom, which means to rest into that inner silence in which you *know* that you are a wave having arisen with perfect momentum out of the depth of the Ocean of God's Holy Mind, and that what you carry with you is the result of the thoughts and the beliefs and the perceptions – like pebbles – that you have dropped into the wave of your awareness. This very process is what created you, and this very process is how you have always created.

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#### I Remain In Our Shared Heart, Patiently Waiting For Your Return!

So, you see, the great question is:

Am I willing to trust the flow from my Father's Mind, through my own, as that which empowers me to extend my treasure?<sup>7</sup>

Yes, it does mean living unlike the way the world lives. Yes, it does mean going against the grain. And you may seem to need to apply more energy to it at first, as you get the momentum of your mind to turn in another direction, to shake loose all of the sludge that has settled into your consciousness.

But I can promise you, if you will take up such a path – simply, joyfully, gently, patiently – the end of your journey is certain. If you choose a path filled with magic and many complex strategies, the end is not so certain. The way, however, is easy and without effort:

I am already that which I seek. I need only allow it to guide me.

And while this body lasts, I will allow it to be a communication device that extends the treasure of Perfect Love, Perfect Safety, and Perfect Peace to all who enter my house.

I remain in our shared Heart, patiently waiting for your return.<sup>8</sup>

Therefore, we bring this message to a close, for now. Know that it has been our honor and our joy to abide with you. And there is a whole host of beings encircling you every moment you remember that you have chosen to answer a call that can be traced to the *very Mind of God*, Who has reached out to call His Creation – *you* – back to Himself, so that you can deliberately extend Love without ceasing.<sup>9</sup>

We give you Love. We hold you with perfect patience knowing the Truth that is True alone about you. And we will *never* leave you.

And with that, beloved and Holy friends, may peace be with you always. And may the Truth that is true always shine within your Hearts and Minds throughout all ages. Remember, there's a perfectly good reason why I keep saying, time and again, "I am with you always." <sup>3</sup>

Peace, then, be unto you always.

Amen.

~ Jeshua



Page Ref:

The Way of Mastery:		
Enhanced Edit	tion {WMe ###}	Original (WM ###)
1	{WMe 322} (W)	M 304)
2	{WMe 54} (WM	<b>1</b> 51)
3	{WMe 97} (WM	191)
4	{WMe 106} (W)	M 100)
5	{WMe 107} (W]	M 101)
6	{WMe 108} (WI	M 102)
7	{WMe 138} (W)	M 131)
8	{WMe 145} (W)	M 138)
9	{WMe 160} (W)	M 151)

JT - H Jeshua Transcripts: Healing (JT - H)

If a paragraph does not have a page number reference, it is part of the previous paragraph's page number.



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