

**Gratitude Is That Aspect Of Energy That Signals
That Your Heart Is Open!**
With ACIM

Index

	Page
Gratitude Is That Aspect Of Energy That Signals That Your Heart Is Open!	2
Become Outrageous With Your Gratitude!	3
Are You Ready to Begin?	4
Time Was Birthed With One Thought: "I wonder what it's like to be separate from God?"	5
Miracles Shorten The Need For Time	6
The Things of Time Themselves Will Be Translated Into That Which Most Gloriously Reflects the Perfections of Heaven!	7
Greatest of Ecstasies, the Greatest of Pleasures Is Pale to That Moment When Returned to God and There Is Naught But Perfect Union!	8

Gratitude Is That Aspect Of Energy That Signals That Your Heart Is Open!

I am with you always. No further away than the width of a thought. Indeed, now once again we begin. And indeed again, greetings unto you, beloved and precious friends, and now that we all know who we are, there is in Truth no need for long greetings. I have not left you in what you call your break. It is a rather interesting word that you use. Some of you know what it means to take a break that lasts a lifetime or two. But in the end you simply realize that freedom doesn't really mean that you can choose whether or not to learn the only curriculum you need to learn. It simply means that it's up to you when you will choose to learn it. And so when you take your break, a lifetime or two, nothing is really lost – just delayed. (JT - HHH)

If that is true – and I assure you that it is – it means that everything that comes to you by way of your experience has come through a consent at one level or another. It may not *seem* that way, of course, and you know what that feels like. But rest assured, not one thing can occur without your consent at some level. I know that means that you have to completely abandon the thought of victimization. But I can't help that. It is only an idea that disempowers you.

Have you not learned in your own ways that each time you accept responsibility, even when you don't understand it, for the events that have arisen in your own life and you choose to embrace them, somehow answers come? Miraculously, sometimes easily, and in the end you look back and go, "Boy, did I learn a lot from that. There's a part of me that is even thankful for it." That part is very precious.

When you touch the part that is thankful for whatever comes to you, when gratitude wells up within you, rest assured healing has occurred. And that means that when you can abide in the state of perpetual gratitude so that you are already giving thanks before something happens, there is nothing left to be healed.

When you can extend forgiveness to everybody for everything, even if they haven't done it yet, you are ahead of the game. And when you can rest in gratitude for even the things that you haven't imagined yet, oh, indeed, your joy is full. And out of that gratitude little miracles start to happen in the sense – and some of you know what I am talking about here – you get to see ahead of time what's going to unfold.

It is only fear and the contraction of it that blocks your ability to see what some would call the future. I would simply call it tuning in to a part of the movie that's already done. *Gratitude is that aspect of energy that signals that your heart is open*, that you're receptive, that you're trusting the whole thing, and that you acknowledge your safety. Gratitude says that right-mindedness has descended upon you and you recognize that while God has created you, you have not created God, and therefore indeed that gratitude is given forth to the Source of your being.

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Become Outrageous With Your Gratitude!

Gratitude is extremely powerful. Extremely powerful. The doctors and the healers of your world would do well to teach their patients – and indeed they must be patient often while doctors try to figure out what to do – they would do well to teach their patients the art of gratitude. For gratitude unlocks the ability of healing at all levels. At *all* levels. Gratitude actually opens the cells of the body so that the Light of Love can begin to flow again like a river. Gratitude is absolutely *essential* to living in the Kingdom. *Absolutely essential.*

And when I say become outrageous, especially *become outrageous with your gratitude*. Find the most mundane, perhaps the most heretofore irritating things, and actually change your energy field by getting into feeling gratitude for it. Really feeling it. Doing what you might call going and jumping off the cliff, expressing far more gratitude than the moment ought to call for. Whatever "ought" is supposed to be. And get into it until you actually feel it into every cell of your body.

Now, if you really want to have some fun with it – which you *ought* to do anyway – the next time that you purchase your groceries, really say, "Thank you." Now, you are just warming the person up, so don't get too outrageous at first. Leave the store. Come back in with the groceries, put them back on the counter. Say, "I just can't seem to get away from this place. I just have to express my gratitude to you again."

This is amazing. This whole store is so I can come in and get whatever I want. You are there to take my money. Oh, did I give you enough? Are you sure. Well, here, let me give you a tip." Give the person a tip. "Thank you, thank you." Say, "I can't stay in my car. There is so much Light filling it, it just kind of sweeps me right out. I had to come back in. You are the most incredible being I have ever known. This is amazing. How do you do it? You get up, you come to this place every day just to serve me? This is incredible. Did I give you a tip? I'll give you another one." Pick up your groceries and leave. Wait an extra minute. Come back again and by then, of course, you are shouting at the top of your lungs, "Could I talk to your boss? Is your supervisor here? I've got to... I just have to share this with somebody. Give this person a raise. This is amazing. This person brings so much Light that I can't help but come here to buy my groceries. I am so thankful for you. This is amazing. Did I give you a tip? Here, let me give you another one." And then take your groceries home.

Why not? Try it just once, and rest assured all the way home you will be whistling a happy tune. And those groceries, whatever it is you purchased as that which hopefully will sustain the body, will taste better than anything you've ever purchased in that store before. And it will be infused with your own Love and life force. So, why not give it a try?!

Perhaps we should begin having *mandatory* homework assignments.

It is not unlike some of the outrageous things I did with my friends way back when. You've been taught that it was a rather serious time. It was in other minds and sometimes I took on that seriousness to get the point across. But rest assured, we had more than our share of outrageous times. And I must confess that if it were given unto me to pick a body about to be in this time frame, I would be having a ball because in your world there is an infinite array of opportunities to be wholly outrageous.

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Are You Ready To Begin?

Sometime when you have the time – and I assure you you *always* have the time – take a look at one month of your time that you have lived and count up all the days in which you chose to do something totally outrageous and carried it out. And then look at the total. What were you doing on the other days? Being serious. And if you were being serious, and seriousness is of the world and not of the Kingdom, where were you? And if you were there, where was the Kingdom?

You'll find that when you are in your seriousness and you know you are in the world, that's when you feel like a seeker. And when you are in your outrageousness, your happiness, your joy, your simplicity, your trust, your compassion, that's when you are in the Kingdom and you know that you are a finder. Now, given those two options, it is up to you to decide which holds the greater value. Indeed.

Well, enough of all of that. Now you know what to do the next time you go grocery shopping. Indeed. So I have promised you that it's up to you. Totally up to you. And I come to abide with you as your friend and as your brother, and *if I were given a body, I would kick my feet up and just be with you*. And we can chat about anything you want to chat about. And if you have questions, indeed we will explore them. I don't have any answers. What you can't see is that whenever you ask a question I run over to my friend the Holy Spirit, given to me as the Bridge to my Father, and say, "Hey, my friend wants to know this. What do you want me to tell them?" And the Holy Spirit whispers it to me. I run back and blend that thought or that idea through the mind of my beloved brother and out come certain words and you think I gave you the answer. And the other part of it is this: the Holy Spirit, when It receives the question that I have transmitted to it from you, runs full circle and sneaks in the back door of your heart, pulls out the answer, comes back and gives it to me.

In the end, this process has as its aim bringing you to the point where you recognize that right-mindedness is with you always, and when you are no longer attached to the answer in terms of what it is going to mean, what it's going to be, when you are willing to trust, you will know that the answers you seek are always with you. And I have never said anything to anyone that has really been a surprise to their right-mindedness. It might be a surprise to their ego but not to the part of them that is in perfect alignment with the Mind of God.

So in that sense I'm just your servant and I deliver back to you what the Truth in you already knows. And at times you have needed that process because to truly hear the Truth seems to be painful until you hear it. And then, of course, it's still up to you whether or not you will receive it and act on it. Let your own Truth live through you. That is something I can't help you with. But I can certainly root you on. Is all of that clear for you? *Are you ready to begin?*

Therefore, with great faith, great celebration and great joy, let the Visions descend into the minds. Much remains to be set in place but all is proceeding well, and it requires *willingness* to help anchor that Vision. Indeed. Does all of that seem surprising to anyone? Good. It's just part of the script already written.

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**Time Was Birthed With One Thought:
"I wonder what it's like to be separate from God?"**

Now, time itself does not exist in the Kingdom that was before time, and that's one way to look at it. Time is that which is transcended when the mind slips between the cracks and remembers the Truth. Many of you have had quite clear experiences of the timelessness, the eternity of the Kingdom of Heaven.

Time arose in an ancient beginning when the Son was One and walked with God. And in its infinite freedom the mind of the Son chose to hold one thought: "I wonder what it's like to be separate from God?" And the Child began to dream, the Son of God began to dream a most interesting dream in which he sought to use his power to create unlike God. God creates that which is timeless and unchangeable. Therefore, to create unlike God is to create the things of time. Therefore, *time was birthed with one thought*, the thought of separation. And in that moment the one great Light which is the Mind of the Son, Christ, burst forth – your scientists have called it the "Big Bang;" they just didn't know what they were talking about – in which Light became fragmented into what is perceived as many minds, all experiencing a descent into time, weaving tapestries of worlds and complexities upon complexities, seeking first to run from God and then to seek God.

What is happening is this: from the moment that explosion occurred and the dream of fragmentation and separation came into being, already the very energies of that explosion began weaving the tapestry that would eventually and inevitably bring the fragmented parts of the Mind of the Holy Son of God back together to a recognition of oneness that transcends bodies, transcends physicality, transcends the things of space and time.

Therefore, time has been corrected, for the weaver of that tapestry is the Holy Spirit, Whose Wisdom and guidance never errs. And the Holy Spirit uses everything every fragmented mind could ever think or create as the very means for steering that mind back to God, until the Light begins to dawn and the *call to awaken* is heard.

Many of you have looked at some of your past lives as you would call them and you have realized that you've been on this journey for awhile, doing a lot of preparatory work, healing work and all of that, getting closer and closer and closer. That happened when there was a turning about in the seat of the soul, the whisper of the Holy Spirit was heard. The call of your own soul to awaken seeped through into consciousness. And you began to seek different things. You began to ask yourself questions in a new way. You began to feel pulled, first in this direction and then in that, then into this lifetime and then into that, looking for something that you thought you knew, and then at the same time looking for something without even knowing why you are looking. And yet, something begins to compel you – and you all know *that* feeling.

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Miracles Shorten The Need For Time

Precious friends, in the end of perfect remembrance the things of time are put away and the purpose of time *re-translated* by the Holy Spirit, which is the extension of the Mind of God into the Mind of the Son, holding the thought of perfect union so that it could never be lost. Time has completed its holy purpose and the things of time are no longer valued and can then be gently put away. It is hard for the mind to comprehend that time, and yet it comes quickly.

Miracles...the purpose of a miracle is that it shortens the need for time. It is why when one is working on somebody, doing some healing work, and there is a breakthrough, it is like a quantum leap in which there is no distance traveled. You simply move from here to here, that fast. A miracle has occurred that has shortened the need for time, and that mind that has experienced the healing has saved countless lifetimes.

The miracle is a learning device that lessens the need for time. It establishes an out-of-pattern time interval not under the usual laws of time. In this sense it is timeless. The miracle is the only device at your immediate disposal for controlling time. (T 6) [T-1.I.47. – .48]

The miracle thus has the unique property of abolishing time to the extent that it renders the interval of time it spans unnecessary. There is no relationship between the time a miracle takes and the time it covers. The miracle substitutes for learning that might have taken thousands of years. It does so by the underlying recognition of perfect equality of giver and receiver on which the miracles rests. The miracle shortens time by collapsing it, thus eliminating certain intervals within it. (T 8) [T-1.II.6.]

Because *miracles shorten the need for time*, you as a miracle worker are very much involved with the process of ending the need for time through the extension of your Love. And that is what creates the quickening, the acceleration that so many minds and hearts are feeling these days. It's in the air. And yes, you would look out and see so many that don't seem to be aware of it at all. That *doesn't* matter!

All minds are joined, and as one mind awakens, it makes it easier for the second. And when two are awake, numbers three through six will awaken very quickly. When all of them together awaken, seven through fifty awaken much more quickly. And that is how the Son of God returns. Not in a fiery chariot from the sky, but rebirthed in an ancient *remembrance* in the minds of the heretofore fragmented Son of God.

Miracles arise from the mind that is ready for them. By being united this mind goes out to everyone, even without the awareness of the miracle worker himself. The impersonal nature of miracles is because the Atonement itself is one, uniting all creations with their Creator. As an expression of what you truly are, the miracle places the mind in a state of Grace. The mind then naturally welcomes the Host within and the stranger without. When you bring in the stranger, he becomes your brother. (T 10) [T-1.III.7.]

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**The Things of Time Themselves Will Be *Translated* Into That Which Most
Gloriously *Reflects* the Perfections of Heaven!**

And in that day and in that hour when what you might call critical mass is achieved, there will be a sound heard. It will not be a physical sound. It will be a sound heard within the consciousness, within the soul, signaling the end of the world, the end of the need for time. But just yet there will not be calamity, as some have predicted in terms of Biblical predictions about the end of the world.

But rather, *the things of time themselves will be translated into that which most gloriously reflects the perfections of Heaven*, so that they can be mirrored back in complete consciousness into every aspect of the Holy Mind of the Son of God. And, beholding his own splendor, the Son will be remembered in its entirety as One.

And you could say, if you want to paint a picture, that all minds will say together, "I and my Father are One and I put aside the things of this world – of fear, of doubt, of seriousness." And there indeed will be a period of peace, of, call it dancing in the streets, in which you will play out one final dream: a dream still of bodies but of bodies that begin to be transfigured, filled, radiating more and more the Light of the Truth that the body was originally meant to conceal. And the body itself shall become a Light, and separation will be seen no more and minds will join as one beyond the reaches of space and time.

And that which has been created collapses, dissolves in a Light incomprehensible and a joy for which there are no words. Time indeed, beloved friend, will come to an end, that the things of eternity shall be remembered fully.

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**Greatest of Ecstasies, the Greatest of Pleasures Is Pale to
That Moment When Returned to God and There Is Naught But Perfect Union!**

How, then, to speak of such a moment beyond time, when the Son has returned to his rightful place? No words can touch that. No words can touch it. But I can say that the *greatest of ecstasies, the greatest of pleasures* that any mind could ever experience in this world – and I would place within that category my own transfiguration – *pale to insignificance to that moment when all things are returned to God and there is naught but perfect union*. And Light that begets Light radiates out and fills a circle that has no circumference, neither beginning nor end.

Indeed, beloved friends, time will end, that eternity may be rebirthed completely. And it is you who will be present with me in that moment, and we will be together with all of our brothers and sisters, indeed – Light dissolving into Light beyond the comprehension of this world that has been dreamed into being from one thought: separation from God.

Now what do you do in the meantime? Play and celebrate what comes to pass by being the one who chooses to remember now. A little ahead of everybody else. And what happens when you choose to remember? You become a miracle worker and you shorten the need for time. Your remembrance is a remembrance that is a gift to everyone seeking to remember. So whenever you are led to feel, "What possibly could I ever do? What could I ever give anyone?" understand that you can give to this world the gift of the possibility of remembrance by being the one who remembers.



To enhance the main topics, this material came from both *The Way of Mastery* and *A Course in Miracles*.

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If a paragraph does not have a page number reference, it is part of the previous paragraph's page number.



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