

Cultivating Unlimited Consciousness

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Cultivating Unlimited Consciousness

As we enter into these lessons on transformation, you will discover that we begin to speak more directly to you. We will not be "beating about the bush," not placating your resistance, your fears, and not stroking you for the dramas you have created that have seemed to separate you from the truth of your beingness. (WM 158)

For as we move into The Way of Transformation, the call is being sent from us to you to arise and assume complete responsibility for all that you see, all that you think, and all that you choose. Rest assured, if you hear this call, it is because a deeper part of you has called it to you as a way by which you remember that these things are already contained within you.

The Way of Transformation is the way of assuming responsibility for time, for each and every moment of it. For time is not a prison for you. It is that which flows out of your very consciousness, and there is never a place or a time – never a place or a time – which is more conducive to The Way of Transformation than the place in which you are and the time that is now.

There is no one without privilege. There is no one by their station in life, as the world would see it, who is limited from watering and cultivating and bringing forth the fruit that rests within their unlimited consciousness. *There is no one who is a victim of the world they see.* For the world they see truly occurs nowhere save within the field of their awareness, which we call consciousness or mind.

The buildings, the automobiles you drive, the dollars in the bank, none of that is real. These are merely symbols of the quality of experience you have chosen to call to yourself, as a temporary learning experience.

Beloved friends, use time well. Ask yourself:

Am I fully committed to transforming my awareness from one who has been sleeping, and perceiving myself as limited to the space and time dimension, or am I committed to truly hearing my brother's call to take up my cross and follow him?

That is, the cross of crucifixion, the heavy wooden cross that you have been carrying around that says, "Well, I'm really struggling and trying to get to Christed consciousness, but maybe if I just got rid of my husband, that would do it. Or perhaps if I moved to another location, that would do it. Maybe there is a spiritual technique out there that I haven't found yet in the smorgasbord available. Once I find it and start practicing it, then I can get on with it." (WM 159)

You are in the holiest of temples – your Self. You abide in the perfect moment for your transformation. Nothing limits you at all, or at any time.

The power of the freedom of choice is the essence of Christ. And the very power that you have been using to try to convince yourself of your limitations is exactly the same power that I used to overcome death. There is no difference, except a wink of an eye, an intention, a commitment, a recognition – that is all. In reality, nothing is impossible to you and nothing unavailable to you.

So, what occurs in the consciousness that seems to create the blockage, the obstacle to Love's presence?

As you create a temporary perceived limitation as a way to call to you a certain quality of experience, there is a tendency to fall into the trap of identifying yourself with the constraints that you have set up from your unlimited freedom, in order to have a temporary learning experience. When in your consciousness you come to be identified with the boundaries or the constraints – the lines upon the canvas that you have freely chosen to draw – you create an imprisonment. That imprisonment is actually a complete illusion, and in reality your unlimited Self goes on experiencing anything it wants throughout all dimensions of creation.

Your belief that you are defined by the lines you have drawn in the field of consciousness – the pebbles you have dropped, the ripples you have created – that that is only you creates a constriction, a density, and a conflict. This is occurring nowhere in your being, except in that part of you that has extended itself like a sunbeam from the sun into what you call your space-time dimension.

Now, think about this. If you feel constrained in this dimension, it does not mean that you are constrained. It simply means that one tiny ray of your light is temporarily having a certain kind of experience. If you trace that ray of light back to its Source, you find something brighter than ten thousand of your suns, something far more vast than the sun that lights your physical universe, something so vast that out of it has come forth a multitude of universes!

Shifting Your Identity

That light of your soul, pure Spirit, remains undefiled and unlimited. That tiny ray can become aware of the whole, and that is the process of awakening. It doesn't really change anything at all, since you begin to become identified, not with the tiny little ray that is having a temporary experience, but that field out of which the very power to experience the space-time dimension is coming forth.

Imagine shifting your identity so that you are the ocean from which a multitude of waves are coming forth, and continually coming forth, each one slightly different, each one a little larger or smaller, a little faster, each one with a little more foam on it than the other. These are the very temporary, dancing waves being emitted from a field or an ocean of water that knows neither beginning nor end and whose far shores can not be discovered. (WM 160)

That is your Self, not the tiny wave that has a name and a history of being born at a certain time and living in a certain house or a city. It is certainly never what you call yourself as a banker, or a teacher, or a mother, or a father. None of these things is what you are.

The Way of Transformation is much simpler than you think. But again, it rests on your decision to use time to be wholly committed to awakening from the narrow constraints you have placed upon your vast field of consciousness. For no other reason than that it might be rather entertaining to allow this tiny little ray to continue in space and time for a while, while being aware of the totality of your Self and actually operating from that totality.

Can you imagine living like that? Can you imagine your body-mind driving its little automobile down the road, but every time you pull up to your red light and you notice someone next to you, you do not perceive another body. You will still see the automobile; you will still see the body. But what you are feeling, what you are knowing, and what you are seeing is that this is an infinite field of consciousness, just like you are. And that their mind field touches yours throughout all dimensions. And that you are Christ and you can transmit wisdom and Love to them.

You can learn to direct energies. You might see it as a certain color. You can touch their field, their auric field. You can send healing to the organs of the body that you can see are perhaps a little out of whack. *You* can be the embodiment in space and time of that Self that is so vast, so grand, so filled with extraordinary power, that all you can do is smile, perhaps unseen and unrecognized by those who, themselves, have become unwittingly identified with a little, tiny drop of foam which is part of the wave, which is part of the ocean of their Self.

But what they choose does not influence your choice. *Listen very carefully: What another chooses does not influence your choice at all, even when it seems like it.* It is not even accurate to say, "Oh well, I fell under the influence of so-and-so and so-and-so; I went a little unconscious, that's why it happened. I gave up myself."

No, no, no! In every moment of your experience, what you experience is coming from *within you*. It is not placed in you from a source outside of yourself. In every moment, you remain free to observe and to notice whether you are having a good time being where you are. That is, being in your perception of life and recognizing you have the power to think differently. (WM 161)

For example, "Oh, that's right, I'm not in a traffic jam. There is no such thing as a traffic jam. Everything is perfect. There is just a giant weaving together of experiences of infinite souls. So while I sit here in this little car with this funny little body, I'm going to be Christ.

"I'm going to tap in to what's going on around the edges of my awareness. I'll feel the thoughts of anyone I choose to direct attention to. And from the depth of my being, I will direct Love to them. I can choose to be the truth of who I am. The red light, the automobiles, all jangled together – these things do not create my experience. My experience is flowing from within. It is being extended outward."

Only You Have the Power to Create Your Experience! Your Consciousness Will Literally Shift!

Listen carefully. No one has the power to create your experience. No one has the power to limit your experience. And nowhere in the laws of God has it ever been written that you must conform your experience to the choices of another. You remain free, to freely choose to be the embodiment of Christ. You are the one who can bless creation. It begins when you are willing to assume responsibility for what you want to use time for.

In truth, you are doing it anyway. You are always using time for exactly what you are choosing. You are not surviving. You are not trying to get things done that the world is requiring. Never is anything occurring except that you are having awareness of the effects of how you are choosing to use consciousness, and that is all.

Here is where The Way of Transformation begins. Ultimately, it is also where it ends. But the difference will be that you will no longer even want to choose anything that speaks of limitation.

Even though the body-mind, that you once identified as yourself, still seems to be moving about in space and time, you will not even look at that body-mind and say, "mine." You will simply say, "The body-mind is a temporary communication device brought forth from the ocean of my unlimited Self as I have done a multitude of times in a multitude of universes. What's the big deal?" *Your consciousness will literally shift.* It will take a new perspective. And you will know that you are pure Spirit, that you do not abide in time at all, that you can simply delight in utilizing the body-mind as a communication device.

When you get on your airplane and you travel to some distant shore to a place that you are enjoying being in, you are still using the body-mind as a communication device between you and the Earth, between you and other creations that have come forth from other minds. Whether it is a beautiful building or a beautiful painting, all that you are ever experiencing is something that you have drawn to yourself through the medium of the body. It is an experience, and that is all. You are the unlimited one who is in the driver's seat. (WM 162)

Bringing Awareness To the Limiting Definitions of Yourself

The second stage in The Way of Transformation requires that you begin to bring awareness to the little squiggly lines that you have drawn on the white and unlimited and perfectly unblemished canvas of consciousness. Your psychologists would call these personalities or masks. Come to be aware of the *little selves* you have created. Begin to ask yourself:

What am I defending? What am I continuing on a daily basis that no longer fulfills me? After all, I have been there. I have done that. How might I look upon these little selves, these little drops of foam on this temporary wave I have brought forth? How might I use them differently? I wonder if I could create a brand new one?

Why is this important? It is because of the squiggles you have drawn. For instance, perhaps you would say to yourself, "Well, I am Mary Jane. I am a vice president at a bank. I was born in such and such a city. My parents are so-and-so and so-and-so, and I'd really be different except my sister used to beat me when I was young."

The second you define yourself, you constrain yourself within the parameters that you have chosen to value. Instantly, you create exactly the experience of the vibrations that are the effect of the squiggles. Think of those squiggles, the parameters of a little self, as the effect of certain pebbles that have been dropped into the pond of your consciousness. Once you draw the lines, certain effects flow from it.

What if you were to decide to create a self that sees itself as perfectly unlimited? Instead of saying, "Well, I have to go see my sister. I know she used to beat me, but that's the way it is. It's just who I am," you simply sit back and say:

I am a perfectly unlimited being, and I think I will create a self who is an expression of the unlimited Love of Christ. I am going to go see this human being (you might use their name, but do not call them your sister) and I am going to utilize time for beaming as much love to them as I can. For no other reason than it will feel rather grand to do so. I am the embodiment of Christ, and this one may not know it, but that does not matter. I can enjoy it anyway.

Do you see how that could begin to move you beyond an identification of a certain definition of yourself that has actually locked you into a narrow set of parameters, which can only have certain kinds of effects? (WM 163)

It Is Very, Very Important to Bring Awareness To the Definitions You Have Given Yourself!

What if you were to sit down with those you call your parents and deliberately chose to look at them as beings that you had called to your field of awareness? What if you chose to see that they are infinite and free beings in perfect equality with you? They simply chose to receive your cosmic telegram and took on a certain role in space and time to help you play out what you wanted to learn.

Would that begin to shift your identification with them as merely parents? For if you look upon them and say, "Those are my parents," you have defined yourself as only their child. Do you begin to see the significance?

It is very, very important to bring awareness to the definitions you have given yourself, and keep insisting upon, each and every day. That is like dropping the same pebble into the same stream and creating the same effects. And nothing is transformed.

It also brings up some fear. Your egoic mind will ask, "What would happen if I let go of the definitions that I'm familiar with?" Here is the answer: Nothing will happen, because in reality those definitions have never truly limited your unlimited Self from going on creating and experiencing, throughout all dimensions. The only change that could be said to occur is that that little tiny ray of your beingness that is currently dancing through the experience of being a mind-body in space and time will begin to throw open the doors and actually access cosmic awareness.

Becoming An Enlightened Master

If you want the experience of walking on this planet as an enlightened master, first come to understand the foundation upon which *The Way of Transformation* is based. Second, bring awareness to the definitions of your self that have become unconscious for you. And then *deliberately redefine* your self as you enter into the field of your experiences.

Here is the nub: No one can make the decision for you. I have never enlightened anyone. I have never even so much as lifted them an inch. I have merely chosen to demonstrate unlimitedness for myself, and part of that experience was taking on the crucifixion, just so that I could learn how to overcome death. That was *my* choice, *my* pathway, *my* calling forth of experience. I can tell you that it is so much grander to be in the body while being completely aware of your cosmic Self.

In the same moment, I must say to you, it is perfectly okay for you to perceive yourself as a limited ray of consciousness. Yes, there are certain results that follow. But still, you are completely free to continue in that field of experience for as long as you wish. (WM 164)

Imagine one who goes to swim in the waters of a pool which has certain parameters – each end may be forty of your feet in length and the sides might be two hundred feet in length; it does not matter. There is still a certain volume of water, and that is the field in which you swim. That field of water is like the field of your consciousness. It is shaped by the boundaries that *you* choose to draw.

The very same being could say, "I am much too grand to swim in a pool. I believe I'll put the little body on an airplane and fly to the grand ocean, to swim in the midst, unbounded by a box." The experience of *that* swimming is much different.

Your consciousness is exactly like that. All that you experience from the moment you awaken in the morning until the moment you awaken in the morning again (because there is no down time) – everything you see, everything you experience is the *direct result* of where and how you have drawn the lines on the blank canvas of consciousness. And you are free at any time to erase them and draw differently.



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